



NATIONAL PERFORMING
ARTS ALLIANCE

LEVEL 1 TAP
GRADES 1 2 3

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GRADE 1 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups	All together	
Riffs 'n' Rolls	In pairs	
Arm Amalgamation	All together	
Clap, Beat, Repeat	All together	
Travel & Turn	All together	
Timesteps	In pairs	
Dance	In pairs	
Thank You	All together	

GRADE 1 BARRE

SPRINGS & HOPS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	1 2 3 -	Hop on R x 3 & hold
2	5 6 7 -	Spring LRL & hold
3 - 4	1 2 3 - 5 6 7-	Repeat on L
5 - 7	1 - 12	Spring & hop x 6
8	13 -	Jump feet together & hold
9 - 16		Repeat all

SHUFFLES

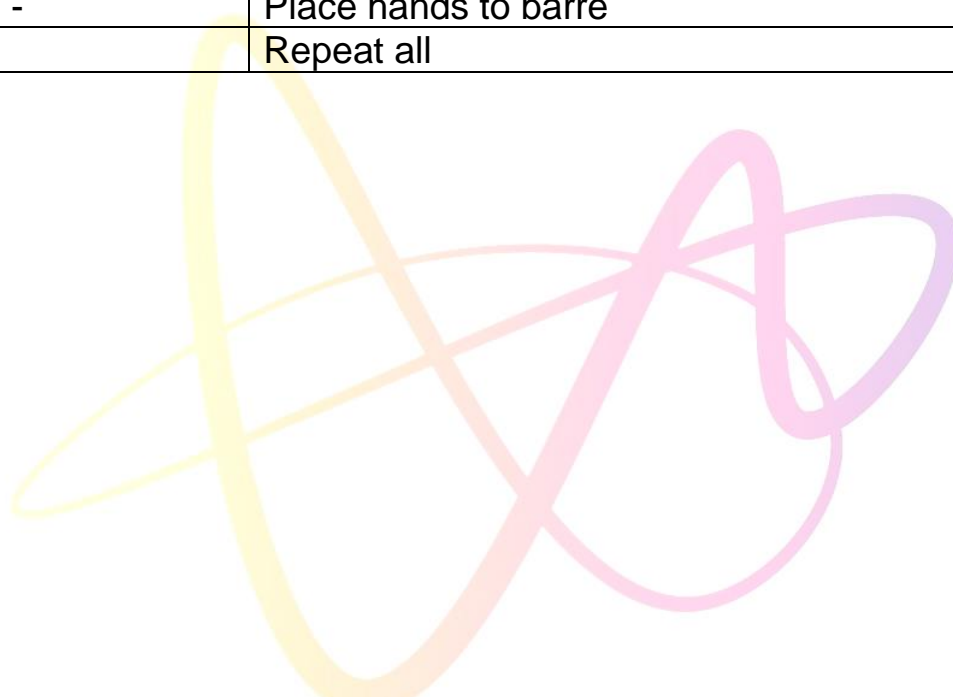
Commence feet together facing barre. Hands on barre

BAR	COUNT	
1 - 2	a1a23- a5a67-	Double shuffle & close R & L
3 - 4	a1a2a3a4a5a6	Shuffle ball change x 3 travelling slightly to R
	7-	Stamp RF with weight to side
5 - 8		Repeat all to L
9 - 16		Repeat all

PICKUPS & CRAMP ROLLS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	1	Stamp RF slightly forward w/o weight
	2	Pickup RF
	3 -	Close RF to LF
2 - 4	5 6 7 - 1 2 3 - 5 6 7 -	Repeat L, R, L
5 - 7	1 - 12	4 beat cramp roll RLRL x 3
8	5 6	Clap hands x 2 together
	7 -	Place hands to barre
9 - 16		Repeat all



CENTRE

WELCOME!

Teachers' choice of pattern and direction. Feet together, arms at sides

BAR	COUNT		
1	1 2 3	Spring x 3 RLR	Free
	4	Hop RF	
2 - 4	5 6 7 8 1 - 8	Repeat LRL hop, RLR hop, LRL hop	
5	1	Step RF behind LF	
	2	Step LF to side	
	3	Cross RF in front of LF	
	&4	Hold position	Clap x 2
6	5 6 7&8	Repeat bar 5 to other side	
7	1	Spring forward onto RF	
	2	Hop RF	
7 - 8	3 4 5 6 7 8	Repeat LRL	
9	1	R heel diagonally forward with weight	
	2	Repeat LF	
	3	Step back RF on ball of foot	
	4	Close LF to RF on ball of foot	
10	5	Jump feet together	
	6	Hold position	Clap x 1
	7	Jump feet together	
	&8	Hold position	Clap x 2
11	1 2 3&4	Travelling to R RF side, LF close; RF side; LF close; RF stamp to side with weight	
12	5 6 7&8	Repeat to L	
13 - 16		Repeat bars 9 - 12	
17 - 32		Repeat all	

SHUFFLES

Commence feet together facing front.

BAR	COUNT		
1	a12 a34	Shuffle close R & L	Free
2	a5a67 (8)	Double shuffle close R	
3 - 4	a1 - a7 (8)	Repeat bars 1 & 2 commencing LF	
5 - 6	a1a2a3a4a5a6	Shuffle hop step x 3 RLR	
6	a7 (8)	Ball change L to R	
7 - 8	a1 - a7 (8)	Repeat bars 5 & 6	
9 - 10	a1a2a3a4a5a6	Shuffle ball change travelling slightly to R	
10	7	Stamp RF to side with weight	
	8	Hold position	
11 - 16		Repeat bars 9 & 10 to LRL	
17 - 32		Repeat bars 1 – 16	



PICKUPS

Commence feet together facing front.

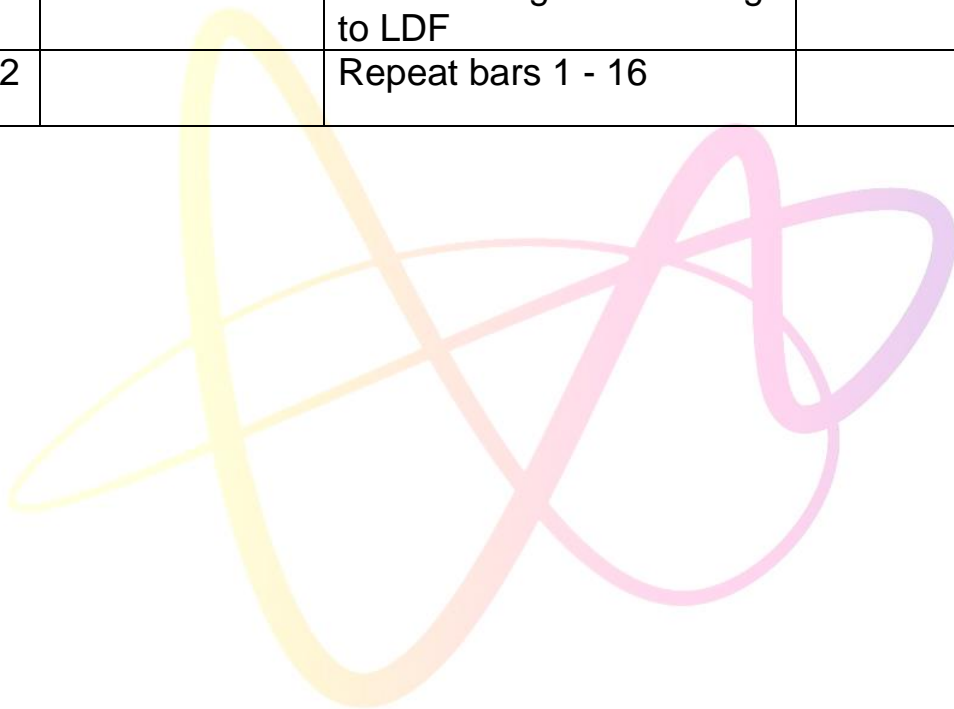
BAR	COUNT		
1 - 2	1&2&3&4& 5&6&7&8&	Heel dig in front, pickup, ball dig & heel beat closing feet x 4 RLRL	Free
3	1&2	Stamp RF forward w/o weight, pickup RF, close RF to LF	
	3&4	Repeat on LF	
4	5&6&7&	Heel dig RF in front & pickup x 2, ball dig & heel beat closing feet	
	8	Hold position	Clap x 1
5 - 8		Repeat bars 1 - 4 on L side	
9 - 16		Repeat bars 1 - 8	



RIFF 'N' ROLL

Commence feet together facing RDF.

BAR	COUNT		
1 - 4	123 (4) 567 (8) 123 (4) 567 (8)	3 beat riff x 4 RLRL travelling to RDF	Free
5 - 6	&1&2 &3&4 &5&6	Tap step ball change x 3 turning to R to end facing LDF	
	7 (8)	Hold position	Clap x 1
7 - 8	1 2 3 4 5 6 7 8	4 beat cramp roll LF x 2	Free
9 - 16		Repeat bars 1 - 8 commencing LF travelling to LDF	
17 - 32		Repeat bars 1 - 16	



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ARM AMALGAMATION

Teacher choreography.

8 bar repeatable routine (16 bars in total) to show 4 different arm lines/positions/actions.

Simple steps should be included to create pattern and direction.

CLAP BEAT REPEAT

Teachers' choice of pattern and direction.

BAR	COUNT		
1 - 2	1 2 3 4 a5a6a7 (8)	Hold position	Clap the rhythm
3 - 4	1 2 3 4 a5a6a7 (8)	Beat the rhythm	Free
5 - 8	1 2 3 4 a5a6a7 (8) 1 2 3 4 a5a6a7 (8)	Dance the rhythm using simple steps and actions	Free
9 - 10	a1a2a3 (4) 5 6 7 8	Hold position	Clap the rhythm
11 - 12	a1a2a3 (4) 5 6 7 8	Beat the rhythm	Free
13 - 16	a1a2a3 (4) 5 6 7 8 a1a2a3 (4) 5 6 7 8	Dance the rhythm	Free
17 - 32	Repeat all		

TRAVEL & TURN

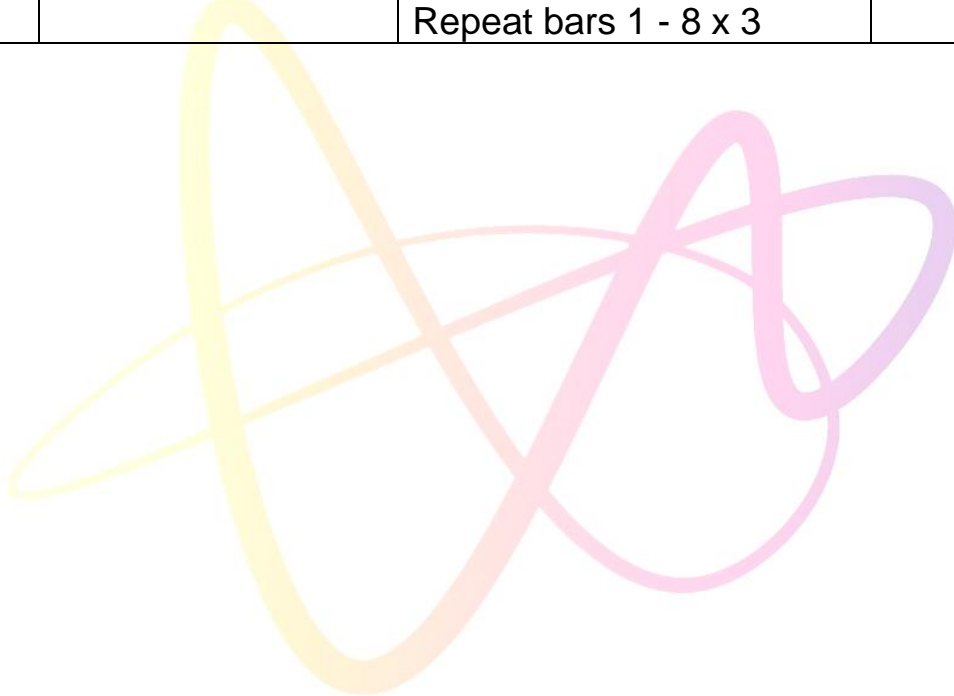
Commence feet together facing LDF.

BAR	COUNT		
1	1 2	Ball dig heel beat RF travelling to side towards RDF	Free
	3 4	Ball dig & heel beat LF over RF	
2	5	Ball dig RF to side	
	6 7 (8)	Heel tap, heel beat RF	
3	1	Step LH behind RF	
	2	Step RF to side	
	3	Stamp with weight LF crossing in front of RF	
	4	Hold position	
4	5	Step RF forward to RDF	
	6	Brush LF forward	
	7	Hop RF	
	8	Hold position	
5	1 2	Ball dig, heel beat LF forward to RDF	
	3 4	Making ½ turn to R ball dig, heel beat RF forward to LDB	
6	5 6	Ball dig, heel beat LF forward to LDB	
	7 (8)	Making ½ turn stamp RF forward with weight to RDF	
7	1 2	Spring LF to side, toe tap RF	
	3 4	Spring RF to side, toe tap LF	
8	5 6	Spring LF to side, toe tap RF	
	7 (8)	Stamp RF to side	
9 - 16		Repeat bars 1 – 8 travelling to LDF	

TIMESTEPS

Commence feet together facing front

BAR	COUNT		
1 - 4	8&12&3& 4&56&7& 8&12&3& 4&56&7&	Single shuffle timestep x 4 RLRL	Free
5	8&12	Shuffle hop step RF	
	3 4	Spring on spot x 2 L & RF	
6	5	Step LF behind RF	
	6	Step RF to side	
	7	Ball dig LF to RF	
7 - 8	8&12 34567	Repeat bars 5 & 6 to L	
9 - 32		Repeat bars 1 - 8 x 3	



TEACHERS SHOULD SELECT **EITHER** THE SET DANCE 'SHOWTIME' **OR** THE UNSET DANCE FOR THE CANDIDATE TO PRESENT IN EXAMINATION.

SET DANCE - SHOWTIME

Commence facing back, feet apart.
A prop may be used.

BAR	COUNT		
INTRO	DRUM ROLL	Hold position	Hold position
	1 2	Hold position	Hold position
	3	RF forward to back	Free with/without use of prop throughout
	4	Turn to face front walk forward LF	
	5 6 7 8	Step side to side x 4 RLRL	
	1 - 8	Simple box step x 2 commencing RF	
1	1a2 3a4	Shuffle step R & LF	
2	5a6a	Shuffle ball change RF	
	7a8	Shuffle close RF	
3	1a2a	Ball heel walks forward L & RF	
	3a4	Tap step heel LF forward	
4	5 - 8	Repeat bar 3	
5 - 6	a1a2a3a4a5a6	Travelling back shuffle hop step x 3 LRL	
	a7-	Stamp feet apart RL	
7	1 2 3 4	Heel beat both feet to LRLR	
8	5a	Ball change L to R	
	6	Stamp LF forward to LDF	
	a	Heel beat LF	
	7-	Stamp RF forward	
9	1	Step LF forward	
	2	Swing kick RL forward	
	3	Step back onto RF	
	4	Toe tap LF behind R	
10	5 6 7 8	Repeat bar 13	
11	1 2 3 4	Walk x 4 turning L to face front	
12	5	Jump	
	6		Clap
	7	Jump	

	8		Clap
BREAK	1 2	Jump	
13 - 14	a1a2a3a4a5a6	Travelling back shuffle hop step x 3 LRL	
	a7 (8)	Stamp feet apart LR	
15	1 2 3 4	Heel beat both feet to LRLR	
16	5a	Ball change L to R	
	6	Stamp LF forward to LDF	
	a	Heel beat LF	
	7	Stamp RF forward	
BREAK	8 1 2 3	Walk x 4 turning L to face front	
17 - 18	1 - 8	Box step x 2 commencing RF	
19	1a2 3a4	Shuffle step R & LF	
20	5a6a	Shuffle ball change RF	
	7a8	Shuffle close RF	
21	1a2a	Ball heel walks forward L & RF	
	3a4	Tap step heel LF	
22	5 - 8	Repeat bar 21	
23 - 24	a1a2a3a4a5a6	Travelling back shuffle hop step x 3 LRL	
	a7 (8)	Stamp feet apart R L	
25	1 2 3 4	Heel beat both feet to LRLR	
26		Free ending	

UNSET DANCE

This is an **ALTERNATIVE** to the set dance above.
16 bars, choreographed by the teacher.
To include any tap vocabulary from Grade 1 and below.

THANK YOU

Commence facing back, feet apart.

BAR	COUNT		
INTRO	DRUM ROLL	Hold position	Hold position
1	1 2	Hold position	Hold position
1	3	Walk forward R L to back	Free with use of prop throughout
	3 4	Turn to face front 2 walks forward R L	
2	5 6 7 8	Step side to side x 4 RLRL	
3 - 4	1 - 8	Box step x 2 commencing RF	
5	1 2	Step RF to side	
	3 4	Close LF to RF	
6	5 6	Bow	
	7 8	Recover to standing	
7 - 8	1 2 3 4 5 6 7 8	Repeat bar 5 & 6 to L	

OR

Teacher choreography 8 bars

GRADE 2 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups	All together	
Riff 'n' Roll	In pairs	
Arm Amalgamation	All together	
Clap, Beat, Repeat	All together	
Wing Preparation	All together	
Travel & Turn	In pairs	
Timesteps	In pairs	
Dance	In pairs	
Thank You	All together	

GRADE 2 BARRE

TOES & HEELS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	1	R heel dig diagonally forward with weight
	2	Repeat L
	3	Step back onto ball of RF
	4	Repeat L to end feet together
2	5 6 7 8	Repeat all
3	1	Step RF to side on ball of foot
	2	Close LF to RF on balls of feet
	3	Step RF to side on ball of foot
	&	Close LF to RF on balls of feet
	4	Stamp RF to side with weight
4	5 6 7 & 8	Repeat to L
5 - 16		Repeat all x 4 in total

SHUFFLES

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	a1a2a34	RF shuffle front side front & close
2	a5a6a78	Repeat LF
3	a1a2a3a4	Triple shuffle hop step R
4	a5a6a7a8	Repeat L
5 - 16		Repeat all 4x in total

PICKUPS & CRAMP ROLLS

Commence feet together side to barre. LH hand on barre

BAR	COUNT	
1	1	Stamp RF slightly forward w/o weight
	2	Pickup RF
	3 -	Hop LF
2	5	Step back RF
	6	Pickup LF
	7-	Hop RF
3	1	Step back LF
	2	Pickup RF
	3-	Hop LF
4	5 6 7 8	3 steps RLR turning to face other side
5 - 7	1 2 3 4 5 6 7 8 1 2 3 4	4 beat cramp roll LRLR x 3
8	&5&6&7-	Heel beats x 6
9 - 16		Repeat all on other side

CENTRE

WELCOME

Teachers' choice of pattern and direction. Feet together.

BAR	COUNT		
1	&1&2	Tap spring x 2 R&L	Free
	&3 -	Tap drop R	
2 - 4	&5 - &7 &1 - &7	Repeat 4 x in total	
5	&1&2 &3&4	Shuffle hop step x 2 R & L	
6	5	Step RF to side	
	6	Close LF to RF	
	7&8	Step RF to side, close LF to RF, step RF to side	
7 - 8	&1 - &8	Repeat bars 5 & 6 commencing LF	
9	&	R heel dig diagonally forward with weight	
	1	Repeat LF	
	&	Step back on ball of LF	
	2	Close RF to LF on balls of feet	
	&3&4	Repeat	
10	5	Jump x 1	
	6	Hold position	Clap x 1
	7	Jump x 1	
	&8	Hold position	Clap x 2
11	1	Spring RF forward	
	2	Hop RF	
	3 4	Repeat LF	
12	5 6 7 8	Repeat R & L	
13 - 16		Repeat from bar 9 - 12 commencing LF	
17 - 32		Repeat all	

SHUFFLES

Commence feet together facing front.

BAR	COUNT		
1	a1 2	Shuffle step RF	Free
2	a3 4 a5 6	Shuffle to the side & close x 2 L & R	
	a7a8	Shuffle ball change LF	
3 - 4	a1 - 8	Repeat	
5 - 6	a1a2a3a4 a5a6a7a8	Shuffle hop step x 4 making 1 full turn to R	
7 - 8	a1a2a3a4 a5a6a7a8	Triple shuffle (front, side, front hop step x 2 R & L	
9 - 32		Repeat all 4 x in total	



PICKUPS

Commence feet together facing front.

BAR	COUNT		
1	1	Stamp RF forward w/o weight	Free
	&2	Pickup RF & close to LF	
	3&4	Repeat LF	
2	5	Stamp RF forward w/o weight	
	&	Pickup RF	
	6	Toe tap RF behind LF	
	7	Stamp RF forward w/o weight	
	&8	Pickup RF & close to LF	
3 - 4	1 - &8	Repeat bar 1 & 2 on L	
5	1	Stamp RF forward without weight	
	&2&	Pickup RF, hop LF, step back RF	
	3&4	Pickup LF, hop RF, step back LF	
6	5&6&7&8	Repeat bar 5	
7	1	Heel dig RF forward	
	&2&	Pickup RF, ball dig RF, heel beat RF	
7 - 8	3&4&5&6&	Repeat L & RF	
	7 (8)	Hold position	Clap x 1
9 - 16		Repeat bars 1 - 8 on L side	
17 - 32		Repeat all	

RIFF 'N' ROLL

Commence feet together facing RDF.

BAR	COUNT		
1 - 4	1 - 16	4 beat riff x 4 RLRL travelling to RDF	Free
5	a1a2a3a4	4 beat cramp roll RF x 2	
6	a5a6	Ball change x 2	
	7 (8)	Stamp RF forward with weight	
7 - 8	a1 - 7 (8)	Repeat bars 5 & 6 on LF	
9	a12 a34	Travelling in own circle to R 3 beat riff x 2 R&L to face LDF	
10	a5a6a7	Tap step, ball change x 2	
	8	Stamp LF forward	
11 - 12	a1- a7 (8)	Repeat bars 9 & 10 omitting final stamp forward	
13	a1a2a3a4	4 beat cramp roll x 2 LF	
14	a5	Ball change front to back	
	a6	Ball change side to side	
	a7 (8)	Ball change back to front	
15 - 16	a1 - a7 (8)	Repeat bars 13 & 14	
17 - 32		Repeat all on LF travelling to LDF	

ARM AMALGAMATION

Teacher choreography.

8 bar repeatable routine (16 bars in total) to show 4 different arm lines/positions/actions.

Simple steps should be included to create pattern and direction.

CLAP, BEAT, REPEAT

Teachers' choice of pattern and direction.

Bar	Count		
1 - 2	1a - a34 5&6&7 8	Hold position	Clap the rhythm
3 - 4	1a - a34 5&6&7 8	Beat the rhythm	
5 - 8	1a - a34 5&6&7 8 1a - a34 5&6&7 8	Dance the rhythm using simple tap steps and actions	
9 - 10	1 2 &3&4 5 6 7a (8)	Hold position	Clap the rhythm
11 - 12	1 2 &3&4 5 6 7a (8)	Beat the rhythm	
13 - 16	1 2 &3&4 5 6 7a (8) 1 2 &3&4 5 6 7a (8)	Dance the rhythm using simple tap steps and actions	
17 - 32	Repeat all		

WING PREPARATION

Commence feet together facing front.

BAR	COUNT		
1	1&2 3&4	3 beat wing prep R&L	Free
2	5&6 &7&	3 beat wing prep R&L	
	8	Step RF closing to LF, release L heel	
3 - 4	1 - 8	Repeat	
5 - 6	&a1(2) &a3 (4) &a5 (6)	3 beat wing prep R	
	a	Step RF in place with weight	
	7 (8)	Ball dig LF	
7 - 8	&a1 - 7 (8)	Repeat on LF	
9 - 32		Repeat all 4 x in total	

TRAVEL & TURN

Commence feet together facing RDF.

BAR	COUNT		
1	1	Stamp RF forward with weight to RDF	Free with a 'Spanish' style throughout
2	a2a3a4	Ball change L to R x 3 making 1 full turn to R	
3	5	Spring LF forward to RDF	
	a6	Ball change R to L side to side	
4	7	Spring RF forward to LDF	
	a8	Ball change L to R side to side	
5 - 8	1 - 8	Repeat bars 1 - 4 on LF travelling to RDF	
9 - 10	a1a2a3a4	Tap step ball change x 2 R & L travelling to RDF	
11	a5	Tap step RF forward to RDF	
	6	Making ½ turn to L step LF forward to LDB	
12	a7	Tap step RF forward to LDB	
	8	Making ½ turn to L step LF forward to RDF	
13 - 14	a1a2a3a4	Tap step ball change x 2 R & L travelling to RDF	
15	5	Step RF forward	
	a	Brush LF forward	
16	a	Hop RF	
	7	Step forward LF	
	8	Stamp RF forward with weight	
17 - 32		Repeat bars 1 - 16 to L	

TIMESTEPS

Commence feet together facing front.

BAR	COUNT		
1 - 2	8&12&3& 4&5&6&7&	Single shuffle time step x 2 R&L	Free
3 - 4	8&12&3&4&5&6&7 (8)	Full single shuffle break x 1	
5	1	Step LF behind RF	
	2	Step RF to side	
	3	Cross LF in front of RF	
	4	Hold position	Clap x 1
6	5 6 7	Repeat to L omitting clap	
7 - 8	8&12&3&4&5&6&7	Full single shuffle break x 1	
9 - 10	8&12&3& 4&5&6&7&	Single ½ break x 2 RF	
11 - 12	8&12&3&4&5&6&7	Full single shuffle break x 1 making 1 full turn to R	
13 - 16	8&12&3& 4&5&6&7& 8&12&3&4&5&6&7	Repeat bars 9 - 12 on other side	
17 - 32		Repeat all	

TEACHERS SHOULD SELECT **EITHER** THE SET DANCE 'DOWN IN LOUISIANA' **OR** THE UNSET TEACHER CHOREOGRAPHY DANCE FOR THE CANDIDATE TO PRESENT IN EXAMINATION.

SET DANCE - DOWN IN LOUISIANA

Commence feet together facing front.

BAR	COUNT		
1	1	Heel dig RF forward	Free
	a2a	Pickup RF, ball dig RF, heel beat RF	
	3a4a	Repeat on LF	
2	5a6a	Shuffle ball change R	
	7a8	Shuffle close R	
3 - 4	1 - 8	Repeat bars 1 & 2	
5	1	Inverted stamp RF	
	2	Ball beat out	
6	3 - 6	Repeat LR	
	7 (8)	Toe tap LF facing RDF	
7	a1a2a3a4	4 beat riff L & RF	
8	a56	3 beat riff LF	
	a7 (8)	Ball change R	
9	a1a2a3a4	Turning R tap step ball change x 2 to face LDB	
10	a5a6a7a8	Shuffle hop step over x 2 towards LDB	
11	a1	Tap step RF forward to LBD	
	2	Turn L step LF forward to RDF	
	3	Step RF forward	
	a	Brush LF forward	
	4	Hop RF	
12	5	Step LF forward	
	a	Brush RF forward	
	6	Hop LF	
	7 (8)	Stamp RF forward to RDF	
13	1a	Ball heel LF to side facing front	
	2a	Ball heel RF to side	
	3 (4)	Stamp LF to side	
14	5a	Ball heel RF to side	
	6a	Ball heel LF to side	
	7 (8)	Stamp RF to side	
15 -16	a1a2a3a4a5a6	Travelling forward shuffle hop step over x 3	

	7 (8)	Stamp RF forward	
17 - 32		Repeat all on other side	
	1 2 3 4 5	Free ending	

UNSET DANCE

This is an ALTERNATIVE to the set dance above.
16 bars x1 repeat; 32 bars in total, choreographed by the teacher.
To include any tap vocabulary from Grade 1, 2 and below

THANK YOU

Commence feet together facing front.

BAR	COUNT		
1	1	Heel dig RF forward	Free
	a2a	Pickup RF, ball dig RF, heel beat RF	
	3a4a	Repeat on LF	
2	5a6a	Shuffle ball change R	
	7a8	Shuffle close R	
3 - 4	1 - 8	Repeat bars 1&2	
5	1 2	Step RF to side	Arms held at sides
	3 4	Close LF to RF	
6	5 6	Bow	Arms held at sides
	7 8	Recover to standing	
7 - 8	1 - 8	Repeat bar 1 & 2 to L side	Arms held at sides

OR

Teacher choreography 8 bars

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GRADE 3 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups 'A'	All together	
Pickups 'B'	In pairs	
Riff 'N' Roll	All together	
Arm Amalgamation	All together	
Clap, Beat, Repeat	All together	
Wings	In pairs	
Keep It Close	Solo	
Travel & Turn	In pairs	
Timesteps	Solo	
Dance	In pairs	
Thank You	All together	

GRADE 3 BARRE

SHUFFLES

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	a1a2a3-	RF shuffle front side back
2	a5a6	RF shuffle side & front
	7-	Close RF to LF
3 - 4	a1-7	Repeat LF
5 - 8	&a1 - &a15	Commencing RF shuffle spring x 7
	&16	Ball change L to R
9 - 16		Repeat all on other side

PICKUPS

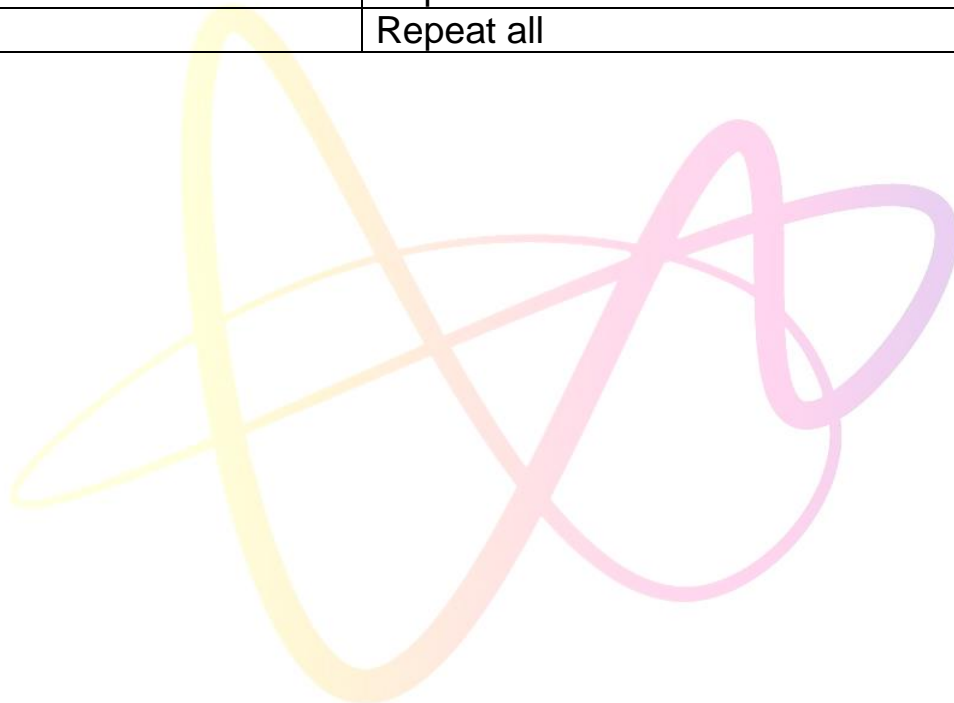
Commence feet together facing barre. Both hands on barre

BAR	COUNT	
1	1	Drop RF slightly forward
	a2	Pickup change R to L
	3 -	Spring RF on spot
2 - 4	5a67 - 1a23 - 5a67-	Repeat L, R, L
5	1 2 3 4	4 steps RLRL turning to face L side
6	5	Ball dig RF back
	&	Pickup LF
	6	Heel beat RF
7	7&8 1&2	Repeat x 2 L & R
	3 -	Toe tap LF
8	5 6 7 8	4 steps LRLR turning to face barre
9 - 16		Repeat all on other side

WINGS

Commence feet together facing barre. Both hands on barre

BAR	COUNT	
1	1	Jump feet together
	2	Double wing
2	3 4 5 6 7 8	Repeat x 4 in total
3	1	Step RF behind L
	2	Step LF to side
	3	Cross RF in front of L
	4	Ball dig LF to RF
4	5 6 7 -	3 beat wing prep x 3 LF
5 - 8		Repeat all on other side
9 - 16		Repeat all



CENTRE

WELCOME

Commence feet together, facing front.

BAR	COUNT		
1	&1&2&3	Tap spring x 3 RLR	Free
	&a4	Shuffle hop	
2 - 4		Repeat 4 x in total	
5	1	Step RF behind LF	
	&	Side LF	
	2	Cross RF in front of LF	
	&4	Hold position	Clap x 2
6	&	L heel dig diagonally forward with weight	
	5	Repeat RF	
	&	Step LF back onto ball of foot	
	6 (7)	Close R to LF on ball of foot	
	&8	Chug L & R	
7 - 8		Repeat from bar 5-6 commencing LF	
9	1	Step RF diagonally back	
	&2	Pickup spring LF	
	&3&	Repeat	
	4	Step RF diagonally back	
10	&5&	Shuffle LF & close to RF	
	6&7 (8)	Shuffle RF & close to LF	
11 - 16		Repeat bars 9 &10 LRL	
17 - 32		Repeat bars 1 - 16 on same side	

SHUFFLES

Commence feet together facing front.

BAR	COUNT		
1 - 2	a1 (2) a3 (4) a5 (6)	Shuffle RF forward, side, diagonally behind	Free
	a7 (8)	Ball change back to front	
3	a1a2	Side shuffle hop step R over L travelling slightly forward	
	a34	Repeat L	
4	a5a6	RF shuffle ball change	
	7	Stamp RF forward with weight	
5 - 6	&a1 (2) &a3 (4) &a5 (6)	Shuffle spring x 3 travelling slightly back	
	a7 (8)	Ball change back to front	
7 - 8		Repeat bars 5 & 6	
9	a12 a34	Shuffle close L & R	
10	a5a6 7 (8)	Double shuffle & close L	
11 - 12	a12 a34 a5a6 7(8)	Repeat bars 9 & 10	
13 - 14	&8&1 &2&3 &4&5	Shuffle hop step travelling back x 3 LRL	
	a7 (8)	Ball change front to back	
15 - 16		Repeat bars 13 & 14	
17 - 32		Repeat on L side	
33 - 64		Repeat all	

PICKUPS 'A'

Commence feet together facing front.

BAR	COUNT		
1	1	Stamp RF forward w/o weight	Free
	&2	RF pickup & close to LF	
2	&3&	Stamp LF forward w/o pickup close	
	4	Stamp RF with weight	
3 - 4	5&6&7&8	Repeat LF	
5	1	Drop forward onto RF	
	a2	Pickup change	
6 - 7	3a4 5a6	Repeat 3 x in total	
8	7 (8)	Spring onto RF	
9 - 16	1 - 16	Repeat all on L side	
17 - 32		Repeat all	

PICKUPS 'B'

Commence feet together facing LDF.

BAR	COUNT		
1	1	Step back RF	Free
	&2	Pickup LF, heel beat RF	
	&3&	Repeat LF	
	4	Toe tap RF	
2	5&6&7&8	Repeat all	
3	&1	Stamp R & LF to face front feet slightly apart	
	&2	Double pickup	
	&3&4	Repeat	
4	&5&6	Tap step ball change to R	
	7 (8)	LF toe tap	
5	1	Step LF diagonally back	
	&2	RF pickup spring	
	&3&	Repeat	
	4	Step onto LF	
6	5&6&7&8	Repeat on RF	
7	1	Heel dig LF forward	
	&2&	Pickup, ball dig, heel beat LF	
7 - 8	3&4&5&6&	Repeat R & LF turning to face RDF	
	7 (8)	Stamp RF forward with weight	
9 - 16		Repeat bars 1 - 8 on other side	
17 - 32		Repeat all	

RIFF 'N' ROLL

Commence feet together facing RDF.

BAR	COUNT		
1	&12 &34	3 beat riff R & L	Free
2	&5&6 &7&8	4 beat riff R & L	
3	&1&2 &3&4	4 beat cramp roll x 2	
4	5	Step RF behind LF	
	6	Step LF to side	
	7 (8)	Stamp RF forward with weight facing front	
5 - 8	1 - 16	Repeat bars 1 – 4 on L side	
9	a1a2a3 (4)	Travelling in own circle to R RF tap step, 2x ball change	
10	&5&6&7 (8)	3 beat riff L & R	
11 - 12	a1 - 7	Repeat bars 9 & 10 to end facing LDF	
	8	Stamp RF forward with weight	
13	&&a1 (2)	4 beat cramp roll feet together LF	
	&&a3 (4)	4 beat cramp roll feet apart LF	
14	&&a5 (6)	4 beat cramp roll feet together LF	
	a7a8	Ball change L to R x 2	
15 - 16	&&a1 - 8	Repeat bars 13 & 14	
17 - 32		Repeat all on L side	

ARM AMALGAMATION

Teacher choreography.

8 bar repeatable routine (16 bars in total) to show 4 different arm lines/positions/actions.

Simple steps should be included to create pattern and direction.

CLAP BEAT REPEAT

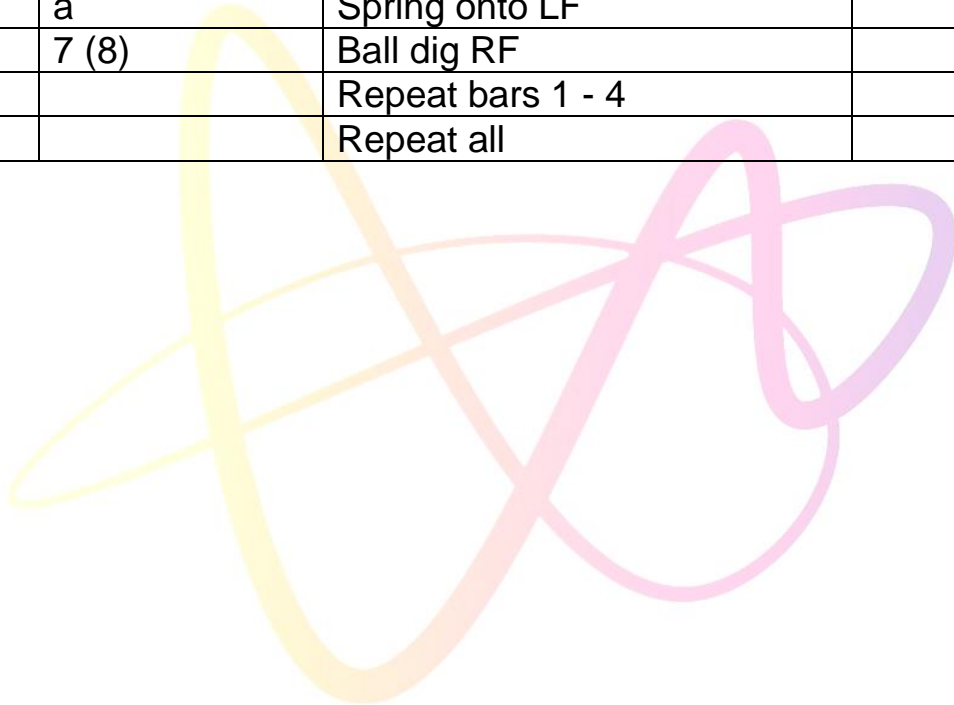
Teachers' choice of pattern and direction

Bar	Count		
1 - 2	1&a2&a3 4 5 6 (7 8)	Hold position	Clap the rhythm
3 - 4	1&a2&a3 4 5 6 (7 8)	Beat the rhythm	Free
5 - 8	1&a2&a3 4 5 6 (7 8) 1&a2&a3 4 5 6 (7 8)	Dance the rhythm	Free
9 - 10	a1a2 3&a4 (5 6) 7 8	Hold position	Clap the rhythm
11 - 12	a1a2 3&a4 (5 6) 7 8	Beat the rhythm	Free
13 - 16	a1a2 3&a4 (5 6) 7 8 a1a2 3&a4 (5 6) 7 8	Dance the rhythm	Free
17 - 32	Repeat all		

WINGS

Commence feet together, facing front.

BAR	COUNT		
1	&a1 &a2 &a3	3 beat wing prep RF x 3	Free
	a	Step RF in place	
	4	Ball dig LF	
2	&a5 - 8	Repeat on L	
3	1	Jump feet together	
	&a2	Double wing	
4	3 &a4 5 &a6	Repeat 3x in total	
	a	Spring onto LF	
	7 (8)	Ball dig RF	
5 - 8		Repeat bars 1 - 4	
9 - 16		Repeat all	



KEEP IT CLOSE

Commence feet together facing front.

Bar	Count		
1	1 2 3 4	Heel beat RLRL	Free
2	&5	Toe beat R & LF out	
	&6	Toe beat R & LF in	
	&8	Chug R & LF	
3 – 4	1 - 8	Repeat bars 1 & 2	
5	&1	Travelling to R side heel beat R & LF	
	&2	Toe beat R & LF	
	&3	Heel beat R & LF	
	4	Toe beat RF to R side on inside edge of foot	
6	5a 6a	Heel beat LF, toe beat RF x 2	
	a	Heel beat LF	
	8	Stamp RF to side	
7	1&a 2&a 3&a	Heel dig LF, pickup spring. Repeat R & L	
	4	Spring onto RF	
8	5 - 8	Repeat bar 7 commencing RF	
9 - 16		Repeat bars 1 - 8 to L	
17 - 32		Repeat all	

TRAVEL & TURN

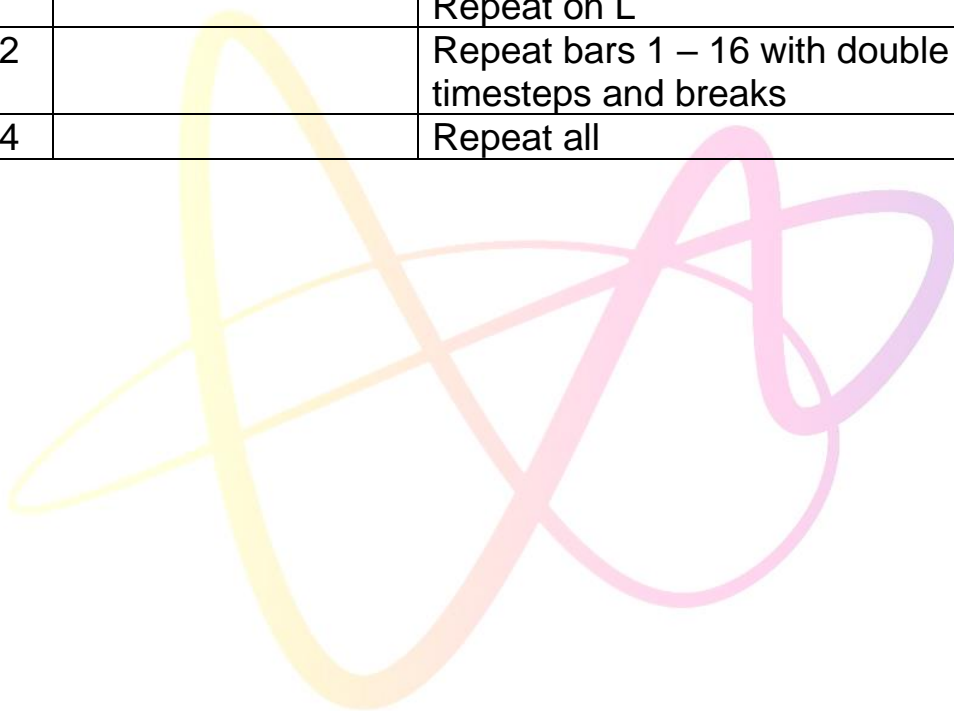
Commence feet together facing RDF.

BAR	COUNT		
1	1a2a3	Basic waltz step: Spring RF shuffle LF side Ball change L R front to back	Free
	4	Spring onto LF	
2 - 4	5a6a78 1 - 8	Repeat x 4 in total	
5	1 2 3	Open turn to R travelling to RDF	
	a4	Ball change L to R	
6	a56	Tap step heel LF forward	
	7	Turning to R to face LDB step RF forward	
	8	Stamp LF forward to LDB	
	a12	Tap step heel RF forward	
	3	Turning to R to face RDF step LF forward	
8	4	Stamp RF forward with weight	
	5	Spring onto LF	
	a	Forward brush RF	
	a	Hop LF	
	7 (8)	RF step forward to RDF	
9 - 16		Repeat bars 1 - 8 to L	
17 - 32		Repeat all	

TIMESTEPS

Commence feet together facing front.

BAR	COUNT		
1 - 2	8&12&3& 4&5&6&7&	2 x single 1/2 break RF	Free
3 - 4	8&12&3&4&5&6&7	1 full single break turning R	
5 - 7	8&12&3& 4&5&6&7& 8&12&3& (4)	3 x single shuffle timestep	
8	5	Hop LF	
	a	Step forward RF, R hip leading	
	a7	Ball change	
9 - 16		Repeat on L	
17 - 32		Repeat bars 1 – 16 with double timesteps and breaks	
33 - 64		Repeat all	



TEACHERS SHOULD SELECT **EITHER** THE SET DANCE 'SWING THE BLUES' **OR** THE UNSET TEACHER CHOREOGRAPHY DANCE FOR THE CANDIDATE TO PRESENT IN EXAMINATION.

SET DANCE - SWING THE BLUES

Commence feet together, facing front.

BAR	COUNT		
INTRO			
	a12a34a56a78	Tap step heel side to side RLRL	Free
	1 2	Open turn to R	
	a3a4	Tap step ball change to R side	
	a5a6	Shuffle ball change L	
	7 (8)	Toe tap L	
1	a1a2a3a4	Travelling to LDF tap step ball change x 2 LR	
2	a5a6a7a8	4 beat riff x 2	
3	a1a2a3a4	4 beat cramp roll x 2	
4	5	LF behind R	
	6	Side R	
	7 (8)	Stamp LF forward with weight	
5 - 8		Repeat bars 1- 4 to RDF	
9	1	Inverted stamp LF	
	2 3 4	Ball, heel, ball beat out to L	
10	5 6 7 8	Repeat to R	
11	1	Inverted heel dig L	
	2	Ball beat out	
12	3 4 5 6 7 8	Repeat RLR	
13	1 2	Stamp L & RF forward end feet apart	
	a3a4	Pickup step back L & RF	
14	5 6	Stamp L & RF forward end feet apart	
	a7 (8)	Double pickup	
15	1	Step LF back	
	&	Pickup RF	
	2	Heel beat LF	
16	&3&4&5&6&	Repeat RLR	
	7 (8)	Toe tap LF	
17 - 18	8&1&2&3&	Double shuffle time step x 2	

	4&5&6&7&		
19 - 20	8&1&2&3&4&5&6&7	Double shuffle break turning L	
21 - 22	8&1&2&3& 4&5&6&7&	Double shuffle ½ break x 2	
23 - 24	8&1&2&3&4&5&6&7	Double shuffle break turning R	
25 - 26	a12a34a56a78	Tap step heel to side RLRL	
27	1 2	Open turn to R	
	a3a4	Tap step ball change to R side	
28	a5a6	Shuffle ball change L	
	7 (8)	Toe tap L	
29 - 32		Repeat bars 25 - 28 to R	
33 - 64		Repeat bars 1 - 32	
65	1 (2 3 4)	Stamp LF forward	
66	5 (6 7 8)	Stamp RF forward	
67	1 (2)	Walk forward L	
	3 (4)	Walk forward R	
68	5 (6)	Turn L walk forward to back	
	7 (8)	Walk forward to back R	
69 - 70		Free ending	

UNSET DANCE

This is an **ALTERNATIVE** to the set dance above.
32 bars, choreographed by the teacher.
To include any tap vocabulary from Grade 3 and below.

THANK YOU

Commence feet apart weight on LF.

BAR	COUNT		
1	1 2	Open turn to R	Free
	a3a4	Tap step ball change to R side	
2	a5a6	Shuffle ball change L	
	7 (8)	Stamp LF to side with weight	
3 - 4	a12a34a56a78	Tap step heel side to side RLRL	Free
5	1 2	Step RF to side	Arms held at sides
	3 4	Close LF to RF	
6	5 6	Bow	Arms held at sides
	7 8	Recover to standing	
7 - 8		Repeat bar	Arms held at sides

OR

Teacher choreography 8 bars