



NATIONAL PERFORMING
ARTS ALLIANCE

LEVEL 3 TAP
GRADES 6,7 & 8

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GRADE 6 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups	Solo	
Riff 'n' Roll	In pairs	
Arm Amalgamation	Solo	
Clap, Beat, Repeat	Solo	
Improvisation	Solo	
Wings	In pairs	
Closer and Closer	In pairs	
Travel & Turn	In pairs	
Shim Sham	All together	
Timesteps	All together	
This Is Me	Solo	
Thank You	All together	

BARRE

CLIPS

Commence feet slightly apart facing barre. Hands on barre

BAR	COUNT	
1	&	Clip heels together
	a1	Heel beat R & L
	&a2	Repeat
	&	Clip toes together
	3&	Toe beat R & L
	4	Toe beat R & L
2	5	Step RF to side
	&a	Elevated heel clip to R
	6&a 7&a	Repeat to L & R
	8	Small step LF to side
3 - 8		Repeat all x 4 in total

SHUFFLES, SCUFFLES & NERVE BEATS

Commence feet together side to barre. RH on barre

BAR	COUNT	
1	&1&2&3&4	4 x RF shuffle 'on the clock' front to back
2	5	Hold position
	Free timing over counts 6 7 8	Nerve taps back to front RF
3	1	Drop onto RF
	&a2 &a3 &a4	Twisted scuffle LF x 3 turning to face other side
4	&5&a	Double shuffle forward LF
	6&	Side shuffle LF
	a	Heel beat Rf
	7&	Forward shuffle LF
	a	Heel beat RF
	8	Hold position
5 - 8		Repeat all on other side

PICKUPS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	1	Drop RF
	&2	Pickup 1 foot R
2	3&4 5&6 7&8	Repeat LRL
3	1&2&a34	Maxiford R with 2 spring ending
4	5&6&a7-	Maxiford R with 1 spring ending
5 - 8		Repeat all on L side
9 - 16		Repeat all

WINGS

Commence feet together facing barre. Both hands on barre

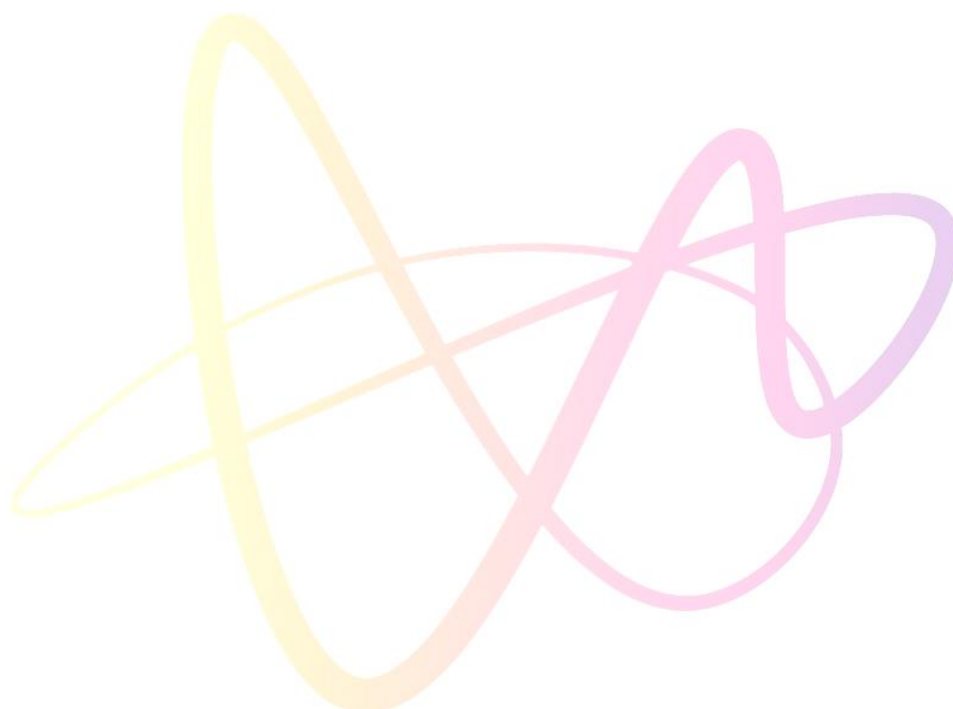
BAR	COUNT	
1	1	Spring RF
	&a2	Single wing
2 - 4	3&a4 5&a6 7&a8	Repeat LRL
5	1&	Ball change R to L releasing hold of barre
	2	Stamp RF forward
	&a3	Single wing RF
	&4	Ball change L to R on spot
6 - 8	5&6&a7&8 1-8	Repeat LRL
9 - 16		Repeat all

WELCOME

Commence feet together, facing front.

BAR	COUNT	
1 - 2	&a1a2 &a3a4 &a5a6	Ripple ball change x 3 RLR
	a	Brush LF forward
	7	Hop RF
	a8	2 x free steps forward
3 - 4	&a1 - a8	Repeat bars 1 & 2 commencing LF
	&	Hop LF
5	a1	Flap RF forward with weight
	&a2	Repeat LF ending L heel raised
	a	Heel clip R to L
	3	Heel drop L
	a4	2 x free steps forward
6	&a5 - a8	Repeat bar 4
7	1 2 3 4	Trudge x 4 RLRL
8	a5	Chug RL
	6	Hold position
	a7a8	Chug RLRL
9	&&a1&&a2&&a3	Pullback x 3
10	a4 5	RF ball dig behind L twist turn to R
	6	Heel drop RF
	a7a (8)	Stamp LF out in out to L side
11	1 2	Transfer weight onto RF turning to L into spiral to face R side
	a	Spring LF
	3 (4)	Slam RF
		Turning to R to end facing LDF over bars 12 & 13
	a	Back brush R
12	5	Heel beat L
	a6	2 free steps RL
	&a7&a8	Twisted scuffle R & step L x 2

13	a	Back brush R
	1	Heel beat L
	a	Step R
	2	Stamp LF forward without weight
	3 4	Hold position (free body/rhythm action)
14	&a5&a6&a7	Pullback x 3
15	8 1 2	LF ball dig behind R twist turn to L
	3	Heel drop LF
	a4a	Stamp RF out in out to R side
16	5 6 7 8	Hold position (free body/rhythm action)
17 - 32		Repeat bars 1 - 16 on other side



SHUFFLES

Commence feet together facing front.

BAR	COUNT	
1	1&	Shuffle RF side
	2	Heel beat L
	&	Toe beat RF behind L
	3&4&	Repeat
2	5a	Shuffle RF side
	a	Toe beat with weight RF behind L
	7	Step LF
	8	Stamp RF to side
3 - 4	1 - 8	Repeat to L
5	&1&2&3&4	RF shuffle x 4 on clock
6	5a (6)	Chug LF x 2
	&7&8	RF shuffle x 2 behind and across LF
7	1	Spring RF
	a2a	Shuffle spring LF
	3a4	Shuffle hop
	a	Spring RF
8	5	Stamp LF forward
	6 7 8	Hold position free rhythmic body/hand movement
9	&1	Tap spring RF
	&2&3	Shuffle ball change L over R
	&	Heel beat RF
	4&	Tap spring LF
10	5& - &7&8	Double shuffle (forward, side) ball change R over L
11	a	Heel beat LF
	1 (2)	Scuff RF forward
12	3 - 7	Prep nerve taps ending RF to side
	8	Stamp RF to side
13 - 16		Repeat bars 9 - 12 on L
16 - 32		Repeat bars 1 - 16

PICKUPS

Commence feet together facing front.

BAR	COUNT	
1 - 2	1&&a2 3&&a4 5&&a6	3 x Maxiford RF with toe tap ending
	7 (8)	Spring onto RF
3 - 4	a1a2a3a4 a5a6a7a8	Boomerang x 4
5 - 8	1 - 16	Repeat bars 1 - 4 on L
9	1	Drop RF
	a2	Pickup 1 foot
10	3a4 5a6 7a8	Repeat LRL
11	1	Step RF diagonally back
	a2	Pickup step LF over R
	a	Step RF
	3a4a	Repeat LF
12	5	Drop RF
	&&a6&&a7 (8)	Shuffle pickup change x 2
13 - 16		Repeat bars 9 - 12 commencing LF
17 - 32		Repeat bars 1 - 16

RIFF 'N' ROLL

Facing LDB. Feet together.

BAR	COUNT	
1	a1&a2 a3&a4	5 beat riff x 2 R & L
	&a5	3 free steps turning to face RDF
	6	Hold position
2	a7&a8	5 beat cramp roll L
3	&a1 &a2 &a3	3 x 3 beat riff travelling to RDF LRL
	&a4	Open 3 beat riff R
4	5 6	Hold position
	&	Back brush RF
	a	Heel beat LF
	7 (8)	Stamp RF to side
5	a1a2 a3a4	4 beat riff x 2 L, R turning to face LDF
6	&&a5 &&a6	4 beat cramp roll x 2 travelling slightly forward
	a7 (8)	2 x free steps
7	&a1 &a2	Turning to L to travel upstage R 3 beat riff x 2
	&a3a (4)	4 beat riff
8	&a5 &a6 &a7a (8)	Repeat bar 7
9 - 16		Repeat bars 1- 8 on other side
17 - 32		Repeat all

ARM AMALGAMATION

Teacher choreography.

16 bar routine to show a developed sense of line and artistry in arms.

Simple steps should be included to create pattern and direction.

CLAP BEAT REPEAT

Teachers' choice of pattern and direction.

To be performed **without music**.

Bar	Count		
1-2	&a1 (2) &a3a4 5&a6 a7a (8)	Hold position	Clap the rhythm
3-4	&a1 (2) &a3a4 5&a6 a7a (8)	Beat the rhythm	Free
5-8	&a1 (2) &a3a4 5&a6 a7a (8) &a1 (2) &a3a4 5&a6 a7a (8)	Dance the rhythm	Free
9-10	1 (234) a5a6&a78	Hold position	Clap the rhythm
11-12	1 (234) a5a6&a78	Beat the rhythm	Free
13-16	1 (234) a5a6&a78 1 (234) a5a6&a78	Dance the rhythm	Free
17 - 32	Repeat all		

IMPROVISATION

The Examiner will ask the candidate(s) to improvise solo to a piece of music selected from the 'Grade 6 Improvisation Music List'. This can be found in the Recommended Music Playlist for Tap Grades.

Candidates will have the opportunity to listen to 16 bars of the music.

The music will then be replayed and candidates will be expected to improvise solo with suitable tap terminology and technique.

Performance and artistry will also be assessed.

WINGS

Commence feet together, facing front.

BAR	COUNT	
1	a	Spring LF
	1	Toe tap RF
	&a2 &a3 &a4	Wing change x 3
2	a5	2 springs feet together
	&a6	Double wing
	&&a7 (8)	4 beat double wing ending RF toe tap
3 - 4		Repeat bars 1 - 2 on R
5	a1	Ball change L to R
	&a2	Single wing RF
	a3&a4	Repeat
6	5	Step back LF
	a	Close RF to LF
	6	Stamp LF forward
	&a7 (8)	Single wing
7 - 8		Repeat bars 5 & 6 on L ending with stamp forward LF on count 8
9 - 16		Repeat bars 1 - 8 on other side

CLOSER AND CLOSER

Commence feet together facing front.

Bar	Count	
1	&a1 &a2 &a3 &a4	Shirley temple x 2 R & L
2	&a	Tap step heel RF forward
	5	Toe tap LF
	&	Heel beat RF
	a	Step back LF
	&6	Pickup step closing RF to L
	&a7&&	Shuffle spring L & R
	a	Spring L
	8	Stamp RF forward
3 - 4		Repeat bar 1 to L
5	1	Heel beat R across L with weight
	a (2)	Step back LF on ball
	&&	Twisted tap RF forward to heel
	a	Step back LF on ball
6	3&a4&a5	Scuffle RF travelling forward x 3
	a	Stamp RF forward
	6 7 8	Free body/hand/arm action
		Making 1 full turn to R:
7 - 8	1&a2	Ball dig LF, pickup RF, heel beat LF, toe tap RF, heel beat LF.
	&a3&&	Ball dig RF, pickup LF, heel beat RF Repeat L
	a4&&	Heel dig pickup ball heel R
	a5 (6)	Spring LF, stamp RF forward
	&78	Heel beat RF out, in, chug
9 - 16		Repeat bars 1 - 8 on other side

TRAVEL & TURN

Commence feet together facing LDF.

BAR	COUNT	
		1 full turn to R:
1	1	Spring RF
	&	Toe tap L
	2	Hop RF
	&3&	Repeat L
	4	Stamp RF forward
2	5&6&7&8	Repeat turning to L
3	&1a	Tap step heel RF forward
	2	Heel beat LF turning to face back
	3	Stamp RF forward
4	4 5	1 ½ outward turn
	a6 (7 8)	Stamp L R feet apart facing front
		1 full turn to L over bar 5
5	1	Drop LF to LDF
	&&	Shuffle RF
	a	Hop L
	2	Step R
6	3&&a4 5&&a6	Repeat x 2 making 1 full turn on each
	a	Spring L
	7 (8)	Toe tap R
7 - 8		Repeat bars 5 & 6 to R
9 - 16		Repeat bars 1 - 8 on other side

SHIM SHAM

BAR	COUNT	
		SHIM SHAM
1	8	Stamp RF forward w/o weight
	a1	Pickup step RF back
	2a3	Repeat L
	4	Stamp RF forward w/o weight
2	a	Pickup RF
	5a	Ball change R to L
	6	Stamp RF forward w/o weight
	a7	Pickup step RF back
3 - 6	8a12a34a5a6a7 8a12a34a5a6a7	Repeat L & R ending with ball dig RF instead of step
		BREAK
7	8	Stamp RF forward
	1	Toe tap LF
	2	Step back LF
	3	Hop LF
	a	Step back R
8	a	Hop RF
	5	Step back L
	6	Jump feet apart
	7	Jump feet together
		PUSH & CROSSOVER
	8	Stamp RF to R with part weight
9	1	Heel beat L leaving RF in place
	2 3	Repeat
10	4 5	Step heel RF to R side
	6 a	Step heel LF over R
	7	Stamp RF to side with weight
11 - 14		Repeat to L & R
		BREAK
15	8 1	Step heel RF to R side
	2a	Step heel LF over R
	3	Stamp RF to side with weight
16	4 5 6 a7	Repeat to L
17 - 32		Repeat bars 1 – 16 on other side

TWIST ON TIMESTEPS

Commence feet together facing LDF.

BAR	COUNT	
1 - 4	8&a1a2a3a4a5a6a7 8&a1a2a3a4a5a6a7	Full Suzie Q travelling to R & L
5 - 6	8a1&a2a3a4a5a6a7	Triple shuffle break turning to L
	8	Stamp RF forward without weight
7 - 8	a1&a2a3a4a5&a6a7a	Triple pickup timestep x 2
9 - 10	8a1&a2a3a4a5a6a7	Triple pickup break
11 - 12	8&a1a2a3 4&a5a6a7	½ Suzie Q x 2 to R & L
13	8&a1	¼ Suzie Q R
	2 3	Hold position
14	4a5	Shuffle close RF
	a6a7	Shuffle ball change LF
15 - 16	8a1a2a3a	Double shuffle half break LF
	4a5a6	Shuffle hop tap spring LF
	7	Toe tap RF
17 - 32		Repeat bars 1 - 16 on other side
33 - 64		Repeat all

THIS IS ME

CANDIDATE/TEACHER CHOREOGRAPHY

Each candidate should present a COLLABOARTIVE solo
in ONE of the following styles:

- MUSICAL THEATRE
 - URBAN
 - RHYTHM

TO INCLUDE TACIT AND STOP TIME.

Where appropriate props may be used.

Minimum 2.5 minutes Maximum 3 minutes

THANK YOU

To be choreographed by the teacher. 8 bars in total

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GRADE 7 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups	Solo	
Riff 'n' Roll	In pairs	
Arm Amalgamation	Solo	
Clap, Beat, Repeat	Solo	
Improvisation	Solo	
Wings	In pairs	
Closer and Closer	In pairs	
Travel & Turn	In pairs	
Shim Sham	All together	
Timesteps	All together	
This Is Me	Solo	
Thank You	All together	

BARRE

CLIPS

Commence feet slightly apart facing barre. Hands on barre

BAR	COUNT	
1	&	Clip heels together
	a1	Heel beat R & L
	&a2	Repeat
	&	Clip toes together
	a3	Toe beat R & L
	&4	Toe beat R & L
2	5	Step RF to side
	&&a	Elevated heel clip to R
	6&&a 7&&a	Repeat to L & R
	8	Small step LF to side
3 - 8		Repeat all x 4 in total

SHUFFLES, SCUFFLES & NERVE TAPS

Commence feet together side to barre. RH on barre

BAR	COUNT	
1	&a1 - &a3 -	3 beat shuffle x 2 RF
2	5&	Shuffle RF forward
	a	Heel beat LF
	6&a7&a-	Repeat shuffle & heel x 2 taking shuffle side and back
3	Free timing over counts 1 - 4	Nerve taps RF behind LF
4	&	Spring RF
	5	Drop LF slightly forward flexing knee
	&a	Shuffle RF side
	6	Heel beat L
	&a7-	Repeat shuffle heel
5	1&a2&a3&a4&a	Twisted scuffle RF x 4 turning away from barre to face other side
	5	Drop RF
6	&a6&a7	Straight scuffle x 2 travelling slightly forward
	&8	2 steps on spot closing feet
7	1	Brush LF forward
	Free timing over counts 2 - 4	Nerve beats front to side
8	5 6	Hold position
	7	Ball dig LF to R
	8	Hold position
9 - 16		Repeat all on other side

PICKUPS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	1	Drop RF
	&&	Shuffle LF
	a2	Pickup 1 foot R
2	3&&a4 5&&a6 7&&a8	Repeat LRL
3	1&&a2 3&&a4	Maxiford R with toe tap ending x 2
4	5	Drop RF
	&&a6&&a7-	Side shuffle & pickup change L & R
5 - 8		Repeat all on L side
9 - 16		Repeat all

WINGS

Commence feet together facing barre. Both hands on barre

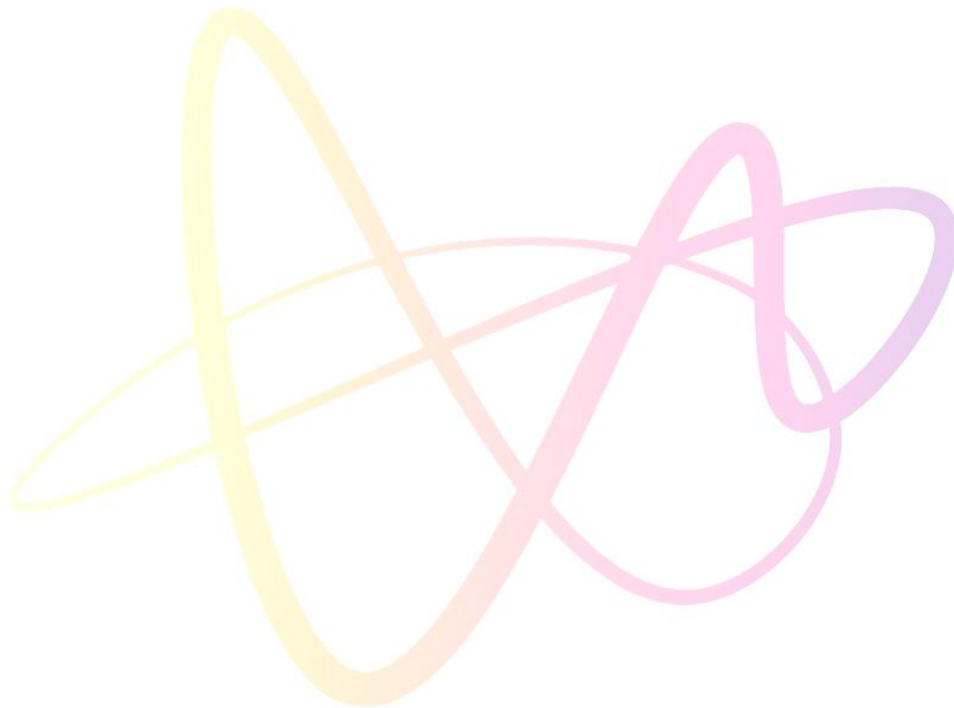
BAR	COUNT	
1	&	Spring RF
	1	Toe tap LF
	&a2	Single wing
2	&3&a4 &5&a6 &7&a8	Repeat LRL
3	&a1 -	Pendulum wing RF with LF forward brush
	&a3 -	Repeat with LF back brush
4	&a5 - &a7-	Repeat
5 - 8		Repeat all on LF
9 - 16		Repeat all

WELCOME

Commence feet together, facing front.

BAR	COUNT	
1	1 2	Trudge x 2 R & LF
	3 4	Chug RF x 2
	5 6 7 8	Repeat starting LF
2	&1	Chug x 2 R & L
	&2	Clap x 2
	&a3	Chug x 3 RLR
	a	Chug RF
	4	Stamp LF to side with weight
4	&a5 &a6	Ripple pickup R & L
	&a7 (8)	Scuffle ending ball LF inverted heel RF
	&	Drop R toes
5	1 (2)	Scuff LF forward to RDF
	&	Back brush L
	3	Heel beat R
	&4	2 free steps L & RF to end RF forward no weight
6	&&a5&&a6	Pullback x 2
	&	Cross RF over L
	7 8	Twist turn to L end facing front
7	&&a1	4 beat cramp roll feet apart
	&2	Pickup step LF back
	&&a3 a4	Repeat R
8	&&a5 a6	Repeat L
	a7a8	Stamp RF out in out to L side
9	1&&a2&a3	Travelling to RDF Spring LF, straight scuffle RF x 3
	a4	Spring LF stamp RF forward with weight low line
10	5 - 8	Free rhythmic body / arm / hand actions
11 - 12	1 - 8	Repeat bars 9 & 10 turning to R to end facing front
	1	Stamp LF inverted
	a2	Toe & heel beat out to L
	3 4	Free rhythmic body / hand actions
	5 6 7 8	Heel toe heel toe inwards
13	&a1	Ripple pickup RF
	a	Toe tap LF
	2	Hop R

	&a3 a4	Repeat
14	&a5&a6&a7	Ripple pickup R L R
15 - 16	Free rhythm	Free action
17 - 32		Repeat bars 1 - 16 on other side with free ending



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SHUFFLES

Commence feet together facing front.

BAR	COUNT	
1	&a1	3 beat shuffle RF
	&2	Heel beat LF, toe tap RF behind
	&a3&4	Repeat
2	&5&a	Double shuffle RF forward and side
	6	Drop RF side
	&&	Shuffle LF side
	a	Spring LF
	7	Heel beat LF
3	&8&1	Double shuffle RF ending RF front of L
	&	Spring onto RF
	2&&a	Double shuffle LF behind and across R
	3 (4)	Step LF
4	5 - 8 Free timing	Nerve taps RF ending side
5	&&	Shuffle RF
	a	Spring RF
	1	Scuff LF forward
	2	Hold position
	&	Brush LF back
	3	Drop LF
	&&a4	Double shuffle RF side
	&	Hop LF facing LDF
	5&a6	Shuffle hop RF facing RDF
	&&a7 (8)	Shuffle hop step LF closing to R
7	1	Spring RF
	&&a	3 beat shuffle LF
	2	Heel beat RF
	&&a3	Repeat 3 beat shuffle & heel beat
	&4	2 free steps L R to face front
8	5 - 8 Free timing	Nerve taps LF behind RF
9 - 16		Repeat bars 1 - 8

PICKUPS

Commence feet together facing front

BAR	COUNT	
1	1&&a2 &&a3 &&a4	Travelling backwards Drop Side shuffle pickup change x 3
2	5&&&a	Maxiford RF
	6&	Spring x 2 R,L
	7&&&a	Maxiford RF
	8	Spring RF
3	1&2&3&4&	Boomerang x 2 on final count toe tap LF
4	5	Drop LF forward
	&&a6&&a7	Shuffle pickup change x 2 R & L
	&	Chug LF
	8	Drop RF
5 - 8		Repeat bars 1 - 4 on L
9	1	Drop RF
	&&a2	Shuffle pickup 1 foot
10	3&&a4 5&&a6 7&&a8	Repeat LRL
11	1&2	Turning to L Step back RF pickup heel dig LF
	&a3	Step back RF pickup step LF
	&4	Step back RF stamp LF to side
12	5	Spring RF
	&&a6&&a7	Shuffle pickup change x 2 L R
	&	Spring LF facing front
	8	Stamp RF to side
13 - 16		Repeat bars 9 - 12 commencing LF
17 - 32		Repeat bars 1 - 16

RIFF 'N' ROLL

Facing front. Feet together.

BAR	COUNT	
1	&1	Tap step RF to side
	&a2	Pickup LF ball change behind R
	&	Hop RF
	&a3	3 beat riff L to side
	&4	Pickup step RF behind L
2	a5 a6	Ball change in front, behind travelling to L
	&&&a7	6 beat cramp roll LF
	&	Heel beat LF
	8	Stamp RF to side with weight
3	&a1&a2	Open and closed 3 beat riff LF
	&a3&a4	6 beat riff LF
4	&a5&a6&a7&a8	Repeat R
5	&1&a2	Progressive tap step heel L travelling forward
	&a3&a4	Repeat R
6	&5&a6	5 beat cramp roll L turning to L to end facing RDF
	&a7&a8	6 beat cramp roll L travelling slightly forward to RDF
7	&a1&a2&a3&a4	3 beat open and closed riff RF x 2 turning to R to end facing front
8	&5&a6	5 beat riff RF
	a	Chug RF
	7-	Toe tap LF
9 - 16		Repeat bars 1 - 8 on other side

ARM AMALGAMATION

Teacher choreography.

16 bar routine to show a developed sense of line and artistry in arms.

Simple steps should be included to create pattern and direction.

CLAP BEAT REPEAT

Teachers' choice of pattern and direction

To be performed without music.

Bar	Count		
1-2	1&a2&a3&4a5 - 7	Hold position	Clap the rhythm
3-4	1&a2&a3&4a5 - 7	Beat the rhythm	Free
5-8	1&a2&a3&4a5 - 7	Feel, move dance	Free
9-10	8&a1 2 - 4&a5&6 - 8	Hold position	Clap the rhythm
11-12	8&a1 2 - 4&a5&6 - 8	Beat the rhythm	Free
13-16	8&a1 2 - 4&a5&6 - 8	Feel, move, dance	Free
17 - 32	Repeat all		

IMPROVISATION

The Examiner will ask the candidate(s) to improvise solo to a piece of music selected from the 'Grade 7 Improvisation Music List'. This can be found in the Recommended Music Playlist for Tap Grades.

Candidates will have the opportunity to listen to 32 bars of the music.

The music will then be replayed and candidates will be expected to improvise solo with suitable tap terminology and technique.

Performance and artistry will also be assessed.

WINGS

Commence feet together, facing front.

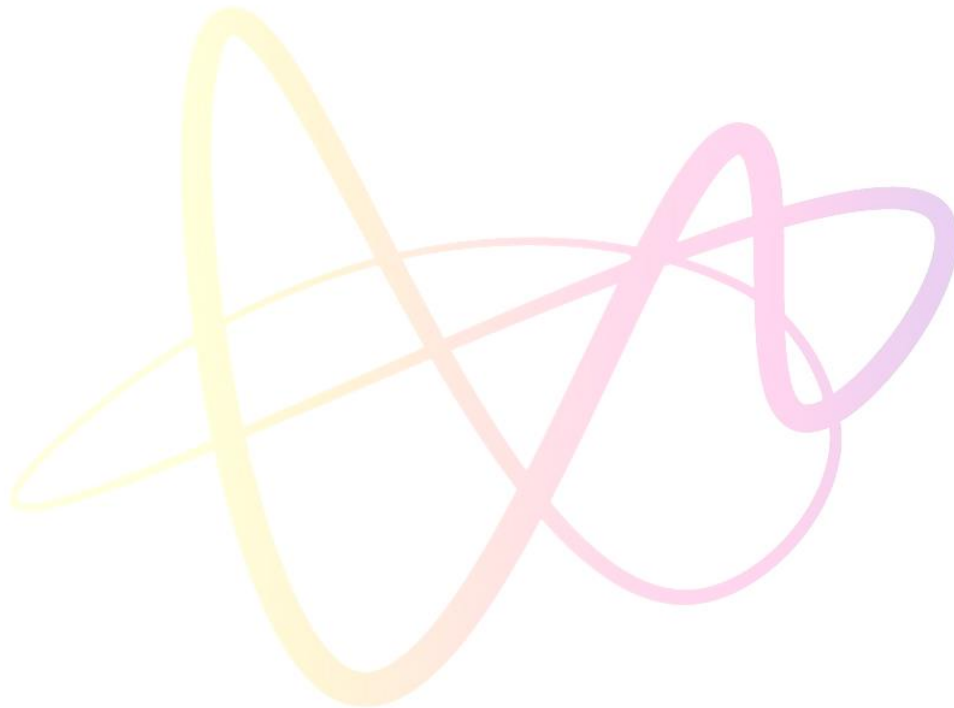
BAR	COUNT	
1	&a1	Wing change RF
	a2	Ball change
	&a3a4	Repeat LF
2	&a5 &a6 &a7	Wing change x 2 RLR
	&8	Ball change
3	&a1	Pendulum wing LF with forward brush RF
	&a2	Repeat with back brush RF
	&a3	Repeat forward
	a4	Step forward RF close LF
4	&a5 &a6	Double wing x 2
	&&a7 (8)	5 beat wing (RF toe tap)
5	1	Step RF back
	a	Close LF
	2	Stamp RF forward
	3 4	Single or double turn (either direction)
6	a5	2 free steps out L R
	&a6 &a7	Single wing RF x 2
	&8	Ball change
7	1 2	Twist turn to L to face RDF
	&&a3 (4)	Shuffle RF side, spring RF, stamp LF side
	5	Pickup RF
	a	Toe beat RF behind LF with weight
	a	Step LF
	7 8	Drop R & LF facing front
9 - 16		Repeat bars 1 - 8 on other side

CLOSER & CLOSER

Commence feet together facing front.

Bar	Count	
		Travelling to R:
1	&&a	Tap step heel RF forward
	1	Toe tap LF
	&	Heel beat RF
	a	Step back LF
	&2	Pickup step closing RF to L
	&&a3&&	Shuffle spring L & R
	a4	Ball dig LF, heel beat LF
2	&&a5 - 8	Repeat making 1 full turn to R
3	&1 - a4	Repeat travelling to R
	&&a	Tap step heel RF forward
4	5	Toe tap LF
	&	Heel beat RF
	&a	Repeat toe tap LF, heel beat RF
	6	Step LF back
	&&a7	Pullback
	8	Double chug
5	&&	Twisted scuffle RF
	a	Step back LF on ball
	1	Stamp RF forward to RDF
		Turning to L end facing RDF
	&	Heel dig LF
	&a	Step R & L
	2&&a3&&	Repeat R, L, R
	a4	Step LF stamp RF
6	5	Spring LF
	&&a6&&a7&&a8	Scuffle RF travelling forward x 4
7	&&&a1	6 cramp roll
	&&a2	Heel twist R & LF to L. Repeat to R
	&&a3	Pullback
	&	Chug LF forward
	4	Drop RF to side

	5&&a	Heel dig LF, pickup, ball change
	6&&a	Heel dig LF, pickup, ball heel
	7&&a8	Ball dig RF back, pickup LF, heel beat RF, toe tap LF, heel beat RF
9 - 16		Repeat bars 1 - 8 on other side



TRAVEL & TURN

Commence feet together facing LDF.

BAR	COUNT	
1	&1	Tap step RF to RDF
	&2	Turning R tap step LF to RDF
	&3	Heel beat R & L turning R
	&4	Pickup RF, heel beat LF completing turn to R
2	&5 - &8	Repeat
		Making 1 full turn to R
3	1	Spring RF
	&	Toe tap LF
	2	Hop RF
	&3&	Repeat LF
	4	Drop RF
4	5 6 (7)	Making 1 full turn to R toe tap LF x 2 rising onto R ball of foot
	&8	Spring LF stamp RF forward to RDF
5	1 2 3	Pas de bouree under LRL facing RDF
6	4 5 6	Double turn to R end facing RDF
	a7 (8)	2 free steps out L R
7	1	Drop LF travelling to LDF
	&2&a	Shuffle pickup change turning
	3 4	Spring L & RF
8	5&6&a7-	Repeat omitting final spring RF
9 - 16		Walk upstage to repeat bars 1 - 8 on other side

SHIM SHAM

2 minute routine, choreographed by the teacher,
to include all of the following in any combination **ending with Step 6:**

	1. SHIM SHAM
8	Stamp RF forward w/o weight
a1	Pickup step RF back
2a3	Repeat L
4	Stamp RF forward w/o weight
a	Pickup RF
5a	Ball change R to L
6	Stamp RF forward w/o weight
a7	Pickup step RF back
8a12a34a5a6a7 8a12a34a5a6a7	Repeat L & R ending with ball dig RF instead of step

	2. SHIM SHAM / TACKY ANNIE BREAK
8	Stamp RF forward
1	Toe tap LF
2	Step back LF
3	Hop LF
a	Step back R
a	Hop RF
5	Step back L
6	Jump feet apart
7	Jump feet together

	3. PUSH & CROSSOVER
8	Stamp RF to R with part weight
1	Heel beat L leaving RF in place
2 3	Repeat
4 5	Step heel RF to R side
6 a	Step heel LF over R
7	Stamp RF to side with weight
	Repeat to L & R

	4. PUSH & CROSSOVER BREAK
8 1	Step heel RF to R side
2a	Step heel LF over R
3	Stamp RF to side with weight
4 5 6 a7	Repeat to L
	Repeat bars 1 - 16 on other side

	5. TACKY ANNIE
a8	Stamp R & LF to side
a12	RF pickup, ball dig behind without weight RF, stamp out
a34	LF pickup, ball dig behind RF without weight, stamp out
a56	RF pickup, ball dig behind RF without weight, stamp out
a7	LF pickup, ball dig with weight behind RF
	Repeat x 2
	End with Step 2 'Shim Sham / Tacky Annie Break'

FINISH WITH

	6. SHAVE AND A HAIRCUT!
8	Clap
1	Double chug
2&a3	Double pullback RF
4	Stamp R diagonally forward
5	Clip L heel to R
6	Spring back L
7	Stamp RF forward without weight
	<ul style="list-style-type: none"> • May be performed on either foot

WING TIMESTEPS

Facing LDF. Weight on LF.

BAR	COUNT	
1 - 2	&12 3 & a 4 a56 7&a8	Single wing timestep R & L: Pickup hop step RF Spring onto LF, wing RF outwards Wing RF inwards Spring onto RF Stamp LF forward without weight Repeat LF
3 - 4	&1&a2 &3&4 5 &6& a 7 (8)	Break: Pickup hop shuffle step diagonally back Pickup hop, toe tap, hop Spring Shuffle spring Heel beat Stamp forward without weight
5 - 8	1 - 16	Repeat bars 1 - 4 on other side
9 - 12	&1&2 &3&a4 &5&6 &7&a8 &1&2 &3&a4 &5&6 &7&a8	Double wing timestep x 4 travelling slightly forwards: Pickup hop spring RF Tap spring onto LF and wing RF outwards Wing RF inwards Spring onto RF Stamp LF forward without weight
13 - 14		Break – repeat bars 3 - 4
15 - 16	&1&a2 &3&a4 &5&a6	Pickup hop shuffle step diagonally back x 3
	7	Chug RF
		Free ending

TWIST ON TIMESTEPS

Commence feet together facing LDF

BAR	COUNT	
1	8&1&a2&3&	Triple shuffle half break turning to R travelling to RDF
2	4&5&a6&7&	Repeat
3 - 4	8&1&a2&3&4&5&6&7	Full triple shuffle break turning to R end facing front
	8	Hop RF
5	&a1	Shuffle LF side stamp across R
	2&a3	Repeat L
6	4&a5&6&7	½ Suzie Q to R
	8&a1	Shuffle pickup change
	&2	Tap spring LF to face front
	&3&4&5	Shuffle close R & L
	&6&7	Shuffle ball change
9 - 11	8&1&2&3& 4&5&6&7& 8&a1&2&3&	Facing front: Time step with pickup change: Shuffle RF Hop LF Pickup change L to R Tap LF forward Ball change L to R front to back Repeat x 2
12	4&5&6&	Shuffle spring x 2 L & RF
	7	Toe tap LF behind RF
13 - 16	8&1&a2&3&4&5&a6&7 8&1&a2&3&4&5&a6&7	Pickup timestep with ripple pickup x 2
	8&1 (2 3)	Shuffle hop facing RDF
	&	Spring LF
	4&5	Shuffle step RF
	&6&7	Shuffle ball change
17 - 32		Repeat bars 1 - 16 on other side

THIS IS ME

CANDIDATE/TEACHER CHOREOGRAPHY

Each candidate should present a COLLABORATIVE solo
in ONE of the following styles:

- BLUES
- URBAN
- RHYTHM

TO INCLUDE TACIT AND STOP TIME

Where appropriate props may be used.

Minimum 3 minutes Maximum 3.5 minutes



THANK YOU

To be choreographed by the teacher. 8 bars in total

GRADE 8 TAP

EXERCISE	FORMAT	TEACHER ASSISTANCE?
Barre	All together	NO. CANDIDATES ARE EXPECTED TO PERFORM WITHOUT ASSISTANCE.
Welcome	All together	
Shuffles	In pairs	
Pickups	Solo	
Riff 'n' Roll	In pairs	
Arm Amalgamation	Solo	
Clap, Beat, Repeat	Solo	
Improvisation	Solo	
Wings	In pairs	
Closer and Closer	In pairs	
Travel & Turn	In pairs	
Shim Sham	All together	
Timesteps	All together	
This Is Me	Solo	
Thank You	All together	

BARRE

CLIPS

Commence feet together side to barre. LH on barre

BAR	COUNT	
1	1	Ball dig RF forward
	&	Clip LH to R
	a	Heel beat R
	2&a	Repeat
	3	Ball dig RF forward swinging LL forward
	&a	Hitch R to L clipping heels
	4	Step forward RF
		Turning towards barre to end facing other side:
2	&	Clip LH to R
	a	Heel beat R
	5	Ball dig LF
	&a6&a7&a8	Repeat RLR
3	&1&a2	5 beat cramp roll
	&a	Clip toes together x2
	3&	Toe beat L & R
	a4	Heel beat L & R
4	&	Clip heels together
	a5	Heel beat L & R
	&	Clip toes together
	a6	Toe beat L & R
	&	Clip heels together
	a7-	Heel beat L & R
5 - 8		Repeat all on other side

SHUFFLES, SCUFFLES & NERVE TAPS

Commence feet together side to barre. RH on barre

BAR	COUNT	
1	&a1 &a2 &a3 &a4	3 beat shuffle x 4 RF forward side forward side
2	&a5&	Double shuffle RF side
	a6	Forward shuffle RF
	&a7-	Side shuffle RF & close feet
3	Free timing over counts 1 - 4	Nerve taps RF behind LF ending on a rise LF
4	&	Spring RF
	5	Drop LF slightly forward flexing knee
	&&a6&&a7&&a8	Twisted scuffle x 4
	&1	Forward shuffle RF
5	&a2&	Double shuffle side RF
	3&	Forward shuffle RF
	&a	Side shuffle RF
	4	Toe tap RF
	5	Drop RF
6	&a6 &a7	Straight scuffle x 2 travelling slightly forward
	a8	2 steps on spot closing feet
7	1	Brush LF forward
	Free timing over counts 2 -4	Nerve beats front to side
8	5 6	Hold position
	7	Ball dig LF to R
	8	Hold position
9 - 16		Repeat all on other side

PICKUPS

Commence feet together facing barre. Hands on barre

BAR	COUNT	
1	&&	Shuffle forward RF
	a1	Pickup 1 foot R
	&&	Shuffle side RF
	A2	Pickup 1 foot R
	&&a3 &&a4	Repeat
2	5&&a6	Maxiford
	a7&&a8	Maxiford R with toe tap ending
3	&a1&a2	Pendulum pickup x 2
	&&a3	Shuffle pickup change
	&	Chug RF
	4	Toe tap LF
4	&a5&a6&&a7	Repeat up to shuffle pickup change
	&	Spring RF
	8	Toe tap LF
5 - 8		Repeat all on other side

WINGS

Commence feet together facing barre. Both hands on barre

BAR	COUNT	
1	&	Spring RF
	1	Close LF to R on balls of feet
	&&a2	Dove wing
2	&3&&a4 &5&&a6 &7&&a8	Repeat x 4 in total
3	&a1	Pendulum wing RF with LF forward brush
	&a2	Repeat with LF back brush
4	&a3 &a4	Repeat
	5&	Ball change R to L
	6	Drop RF forward
	&&a	Single wing RF
	7-	Toe tap LF
5 - 8		Repeat all on LF

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WELCOME

Commence feet together, facing front.

BAR	COUNT		
1	&1	Ball change R & LF front to back	
	&a2	Side shuffle R, step behind LF	
	&a3	Side shuffle L, step behind RF	
	&a4	Side shuffle R, step behind LF	
2	5	Spring LF	
	&a6&a7&a8	Twisted scuffle RF x 3 travelling to R	
3	&	Hop L	
	1	Step RF to side on heel	
	&	Toe beat RF	
	2	Toe tap LF	
	&	Spring LF	
	3	Toe tap RF in front of L	
	&	Spring RF	
	4	Stamp LF closing in natural 1st	
4	&	Twist both heels out	
	5&	Clip heels x 2	
	6	Twist both heels out	
	&	Clip heels x 1	
	7	Drop onto RF	
	&&a	Shuffle hop LF to face RDF	
	8	Toe tap LF	
	5	&a1	Ripple pickup LF
&2		Ball change R to L	
&a3&a4		Ripple pickup L & R	
6	5	Step RF to side	
	&	Travelling heel clip LF to RF	
	a6	Spring L & RF	
	&a7	Repeat heel clip & springs	
	a	Step forward LF	
	8	Hitchkick with heel clip L under R	
	7	&	Step forward LF to RDF
		1	Stamp RF forward
&		Hop RF	
a2		Flap LF	
&3		Ball change R to L	

	&a4	Repeat L end facing back
8	&&a5	Shuffle pickup change L
	6	Hold position
	&	Stamp RF forward with weight
	7&	Ball change L to R (ball to flat) travelling to R facing back
	8	Toe tap LF
9	1	Drop LF
	&&a2 &&a3	Shuffle hop step x 2 R & LF turning to L to face front
	&4	Ball change R to L facing front
10	&&a5	Shuffle hop step RF over L turning to face RDF
	&6	Ball change
	&a7&8	Repeat LF turning to face LDF
11	1	Step RF forward travelling to LDF
	&	Heel clip L to R
	2	Hop RF
12	&3&4&5&6&	Repeat LRL
	7	Stamp RF forward with weight
	8	Chug RF
13	1 2 3 4	Spring onto LF circling RF round to front
14	&	Backward tap RF
	&a	Pickup change
	5	Toe tap LF behind RF
	6	Hold position
	7	Step LF behind RF
	&	Step RF side
	8	Step LF in front of R
15	&a1 &a2	Twisted shuffle RF hop LF x 2
	&&a3	Shuffle hop step RF
	&4	Ball change L, R front to back
16	&a5&a6&&a7&8	Repeat bar 15 on LF
17 - 32		Repeat bars 1 - 16 on same side

SHUFFLES

Commence feet together facing front.

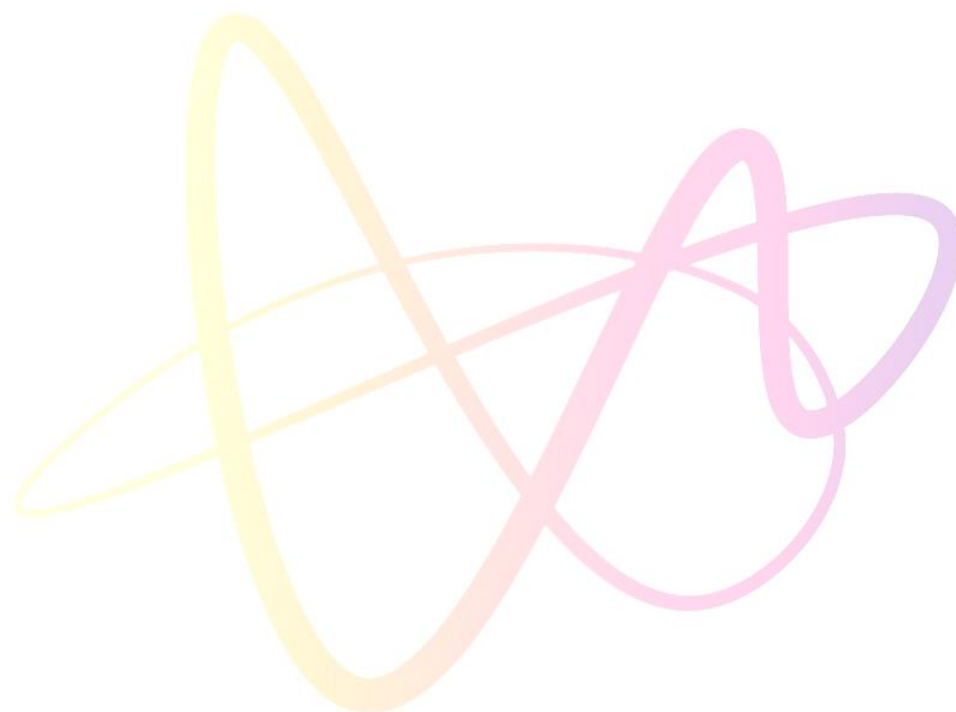
BAR	COUNT	
1	&&&a	Side shuffle ball change front to back RF
	1	Heel beat LF
2	&a2 &a3 &a4 &a5	3 beat shuffle RF x 4 forward, side, forward, side
	&a6&	Double shuffle RF side
	a7	Forward shuffle
	&a8	Side shuffle & close RF to LF
3	&1	Forward shuffle LF
	&	Spring LF
	2	Spring RF crossing over LF to face RDF
	&a3&	LF shuffle behind & across RF x 2
	a4	LF shuffle to side and across RF
	&	Spring LF across RF
4	5 - 8	Nerve taps RF behind LF ending on rise on final count 8
5	1	Hold position
	&2	2 free steps R & LF to RDF end both legs bent, low line in body
	3 4	Free rhythmic action
	&	Chug LF
6	5&&a6&&a7& (8)	RF shuffle on clock back to front
7	1	Spring RF
	&a	Shuffle LF side
	2&	Spring LF to L, step RF
	a3	Shuffle LF side
	&a	Spring LF to L step RF
	4	Spring LF to L side
8	&a5&a6	Shuffle spring R & LF
	&&a	Shuffle spring RF
	7 (8)	Toe tap LF behind RF
9 - 16		Repeat bars 1 - 8 on other side

PICKUPS

Commence feet together facing front

BAR	COUNT	
1	1	Drop RF forward
	&&	Shuffle LF
	a2	Pickup 1 foot R
	&&	Shuffle LF
	a3	Pickup change
	&&	Shuffle RF
	a4	Pickup 1 foot L
2	&&a5	Side double shuffle RF
	&&	Pickup change
	a6&&	Side double shuffle LF
	a7	Pickup change
	& (8)	Stamp RF forward to RDF with weight
3	&a1 &a2 &a3	Shuffle LF forward pickup 1 foot R Shuffle LF side pickup 1 foot R Shuffle LF forward pickup 1 foot R
	&	Spring LF
	4	Stamp RF forward with weight
		Turning to R to end facing LDF:
4	5	Step back LF
	&&	Pickup R, heel dig R
	a6&7&8	Repeat x 2
5	1	Toe drop RF
	&-	Scuff LF
	&3	Pickup 1 foot R
	&	Drop forward LF
	4	Drop forward RF
		Travelling to L facing LDF:
6	5	Step LF side
	&&	Pickup spring RF
	a	Toe tap LF
	6	Drop RF
	&&a7&&a8	Shuffle pickup change x 2 L & R
7		Turning to face back & travelling to L

	&	Spring LF
8	1&&a2&&a3&&a4&&a5	Boomerang x 5 end front RF forward
	&&a6&&a	Pullback x 2 RF omit final step
	7 (8)	Toe tap LF
9 -16		Repeat bars 1 - 8 on other side



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RIFF 'N' ROLL

Facing LDF

BAR	COUNT	
1	1	Spring RF to side towards RDF
	2	Ronde LF inwards
	&a3&&	6 beat cramp roll turning to R
	a	Pickup RF
	4	Heel beat LF
2	&a5&&a6&&a7	12 beat riff RF
	&&	Heel dig, pickup LF
	a	Heel beat RF
	8&	Shuffle LF
3	&	Heel beat RF
	a	Ball dig, heel beat LF closing to R
	1	Stamp RF forward to RDF without weight
	2	Hold position
	&a3 &a4	Press cramp roll RF x 2
4	&a5	Pullback
	&6	Spring back RF, step back LF
	7 8	On balls of both feet turn to L to face LDB
5	&1&a2	Basic waltz step LF travelling to LDB
	&a3&a4	Double waltz step RF travelling to LDB
6	&a5	Double flap
	6 7	Hold position
	&	Chug LF
	8	Toe tap RF
7	&a1&a2&a3&a4	Open & closed riff RF x 2 turning to face RDF
	&a5&a6&	7 beat riff RF to RDF
	&a7 (8)	5 beat cramp roll LF
9 - 16		Repeat bars 1 - 8 on other side

ARM AMALGAMATION

Teacher choreography.

16 bar routine to show a developed sense of line and artistry in arms.

Simple steps should be included to create pattern and direction.

CLAP BEAT REPEAT

Teachers' choice of pattern and direction
To be performed without music.

Bar	Count		
1-2	1 - 3 & 4 a5 - 7	Hold position	Clap the rhythm
3-4	1 - 3 & 4 a5 - 7	Beat the rhythm	Free
5-8	1 - 3 & 4 a5 - 7	Feel, move dance	Free
9-10	123 - 5 6 - a8	Hold position	Clap the rhythm
11-12	123 - 5 6 - a8	Beat the rhythm	Free
13-16	123 - 5 6 - a8	Feel, move, dance	Free
17 - 32	Repeat all		

IMPROVISATION

The Examiner will ask the candidate(s) to improvise solo to a piece of music selected from the 'Grade 8 Improvisation Music List'. This can be found in the Recommended Music Playlist for Tap Grades.

Candidates will have the opportunity to listen to 32 bars of the music.

The music will then be replayed and candidates will be expected to improvise solo with suitable tap terminology and technique.

Performance and artistry will also be assessed.

WINGS

Commence feet together, facing front.

BAR	COUNT	
1	1 2 3	Walk forward R, L, R
	4	Close LF to RF bend knees
2	&&&a5 (6) 7	Dove wing x 3
	&8	Chug RF x 2
3	&&	Shuffle LF
	&a1	Single wing RF
	2	Hold position
	&&&a3 4	Repeat shuffle, wing & hold
4	&&a	Single wing RF
	5	Toe tap LF behind RF
	&&a6 &&a7	Repeat x 2
	&a8	Wing change R to L
5	1&2	Pas de bouree RF under to L end facing LDF
	&	Heel beat RF
	3	Stamp LF forward to LDF
	&	Spring RF forward
	4	Close LF to RF bend knees
6	&&a5	Double wing
	&&&a6	5 beat wing RF toe tap ending
	&a7 &a8	Wing change x 2
		Turning to face back & travelling to L:
7	1	Spring RF
	&&	Tap step LF
	a2	Travelling ball change
	&	Spring RF
	&a	Tap step LF
	3	Step RF
	&&a	Single wing RF
	4	Step LF to side
	&5 6	Spring R & LF into ronde turn to face front
	&7 (8)	Spring RF, ball dig LF
9 - 16		Repeat bars 1 - 8 on other side

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CLOSER & CLOSER

Commence feet together facing front.

Bar	Count		
1	1	Heel beat RF	
	&&	Side shuffle LF	
	a	Heel beat RF	
	2&	Forward shuffle LF	
	&	Heel beat RF	
	a3&	Tap step heel LF forward	
	&	Toe tap RF	
	a	Heel beat LF	
	4	Spring RF	
	2	&	Stamp LF inverted
		5&&a	Toe beat out in out in to L side
		6	Spring RF
&		Stamp LF inverted	
&a		Toe beat out in to L side	
		6 beat paradiddle facing RDF	
7		Ball dig RF	
&		Heel brush forward RF	
&		Heel dig RF	
a		Pickup RF	
8&		Ball dig, heel beat RF	
3		1	Stamp RF forward
	&	Scuff LF	
	2	Heel beat RF	
	&a	Inverted 2 beat flam LF across RF	
	3	Heel beat RF	
	&a	2 beat flam LF to side	
	4	Heel beat RF	
	4	&	Spring LF
5&&a6&		Twisted scuffle x 2 turning R to face back	
		Travelling to R facing back:	
&a7 &&a		Shuffle spring R & L	
5	8&&	Tap step heel RF to face L side	
	a	Toe tap LF	
	1	Heel beat RF	
	&	Step LF back	

	&&a2	Pullback to face front
	&&a3	Pullback ending on toe points
	4	Hold position
6	5	Spring RF
	&6&	Shuffle heel LF
	7	Step LF back
	&	Pickup RF
	8	Toe tap RF over L
	&	Spring RF
7	1	Step back LF
	&	Pickup RF
	&	Heel beat LF
	a2&&a3	Repeat R & L
	&&-	Shuffle RF
8	&5&	Tap step heel forward R
	6&	Shuffle LF forward
	7	Heel beat RF
	&8	Tap spring LF
9 - 16		Repeat bars 1 - 8 on other side

TRAVEL & TURN

Commence feet together facing back.

BAR	COUNT	
1	1 2 3 4	Walk back R & L into twist turn to R to face front
2	5&a6	Progressive tap step heel R
	&a7&8	Progressive tap step heel L
3	1&a2	Twist turn To R of LF toe tap RF in front of L x 3 rising onto ball of LF on final tap to face RDF
	3	Hold position
	&	Spring RF
	4	Stamp LF forward low line
4	5&a6	6 beat cramp roll turning R towards RDF
	&a7	Ball heel x 2 turning to R
	&	Step RF towards RDF
	8	Stamp LF forward with weight
5	1 2	Weight on LF rotate body to R to face LDB ending weight on RF, LF in relaxed position behind
6	a3&a4&a5	Tap step heel x 3 LRL turning to L towards LDB
	&6	Toe tap RF x 2 turning to L to face front, rising to ball of LF on final tap
	&a7(8)	Double flap
	&	Heel beat R
7	1	Stamp LF forward
		1 ½ turn to L to face back
	&	Step back RF
	a2	Pickup step LF
	a3&a4	Repeat x 2
8	a5	Tap step heel RF forward to back
	6 7	Single or double turn
	& 8	2 walks LR to back
		Repeat bars 1 - 8 on other side

SHIM SHAM

2 minute routine, choreographed by the teacher,
to include all of the following in any suitable combination.
Stop time / pauses in movement, thus altering patterns, rhythm
and timing, should be used where appropriate.

	1. SHIM SHAM
8	Stamp RF forward w/o weight
a1	Pickup step RF back
2a3	Repeat L
4	Stamp RF forward w/o weight
a	Pickup RF
5a	Ball change R to L
6	Stamp RF forward w/o weight
a7	Pickup step RF back
8a12a34a5a6a7 8a12a34a5a6a7	Repeat L & R ending with ball dig RF instead of step

	2. SHIM SHAM / TACKY ANNIE BREAK
8	Stamp RF forward
1	Toe tap LF
2	Step back LF
3	Hop LF
a	Step back R
a	Hop RF
5	Step back L
6	Jump feet apart
7	Jump feet together

	3. PUSH & CROSSOVER
8	Stamp RF to R with part weight
1	Heel beat L leaving RF in place
2 3	Repeat
4 5	Step heel RF to R side
6 a	Step heel LF over R
7	Stamp RF to side with weight
	Repeat to L & R

	4. PUSH & CROSSOVER BREAK
8 1	Step heel RF to R side
2a	Step heel LF over R
3	Stamp RF to side with weight
4 5 6 a7	Repeat to L
	Repeat bars 1 – 16 on other side

	5. TACKY ANNIE
a8	Stamp R & LF to side
a12	RF pickup, ball dig behind without weight RF, stamp out
a34	LF pickup, ball dig behind RF without weight, stamp out
a56	RF pickup, ball dig behind RF without weight, stamp out
a7	LF pickup, ball dig with weight behind RF
	Repeat x 2
	End with Step 2 'Shim Sham / Tacky Annie Break'

	6. SHAVE AND A HAIRCUT!
8	Clap
1	Double chug
2&a3	Double pullback RF
4	Stamp R diagonally forward
5	Clip L heel to R
6	Spring back L
7	Stamp RF forward without weight
	<ul style="list-style-type: none"> • May be performed on either foot

	7. BOOGIE BACK
8	Kick either leg forward & clap simultaneously
&1	Spring back & close
2	Clap
&34 &56	Repeat spring, close and clap x
&7	Repeat spring & close

	8. SHORTY GEORGE
8	Kick either leg to side twisting hips in same direction and releasing supporting heel from floor
&	Close working leg/foot to supporting on balls of feet
1 - 7	Step either foot diagonally forward twisting hips in same direction x 7

WING TIMESTEPS

Facing LDF. Weight on LF.

BAR	COUNT	
1	1 2 3 & 4	Single R
2	5 & 6 & 7 & 8	Double L
3	1 & 2 & 3 & 4	Triple R
4	&	Pickup LF
	5	Hop RF
	& 6	Shuffle LF step diagonally back
	&	Pickup RF
	7 (8)	Ball change back to front
		Making 1 full turn to L
5	& 1	Wing change L to R
	& 2	Ball change
	& 3 & 4	Repeat RF facing front
6	& 5 & 6	Repeat LF turning
	& 7	Tap step heel LF to LDF
	8	Stamp RF forward without weight
7	1 & 2 & 3 & 4	Triple R
	&	Pickup LF
8	5	Hop RF
	& 6	Shuffle spring LF
	& 7	Tap step heel RF forward
	8	Stamp LF forward without weight
9 - 16		Repeat bars 1 – 8 on other side

TWIST ON TIMESTEPS

Commence feet together facing LDF.

BAR	COUNT	
1 - 2	8&a1&2 &a3&4 &5&a6&7	Suzie Q travelling to RDF
		Turning R to end facing LDF:
3	8&1&2	Double ½ break
4	&a3&a4&a5 &a6&	Shuffle spring x 3 Shuffle ball change
	7 (8)	Stamp RF forward
5	& a1	Pickup RF Pickup 1foot LF
	&a2	Shuffle spring
	&3	Tap step forward
	&	Step back
	4	Stamp LF forward
6 - 7	&5&a6&7& 8&1&2&3	Triple pickup break omitting final stamp
8	4 && a5	Drop onto RF Shuffle LF Pickup 1 foot RF LF across to buffalo
	6&&a7	Repeat
9	&8&1 2 3	Tap step ball change LF to LDF Chug LF Clap
10 - 11	4&5&&a6&7& 8&1&&a2&3&	Triple shuffle time step with pickup change x 2
12 - 13	4&5&&a6&7&8 &1&2&3	Triple shuffle break with pickup change turning to R
14 - 15	4&a5&6&7 8&a1&2&3	½ Suzie Q x 2
16	4&a5 &6 & 7	Hop shuffle cross R over L to face RDF Shuffle LF Heel beat RF Stamp LF forward with weight
17 - 32		Repeat bars 1 – 16 on other side

THIS IS ME

CANDIDATE/TEACHER CHOREOGRAPHY

Each candidate should present a COLLABORATIVE solo
in ONE of the following styles:

- MUSICAL THEATRE
 - BLUES
 - URBAN
 - RHYTHM

Where appropriate props may be used.

Maximum 4 minutes

THANK YOU

To be choreographed by the teacher. 8 bars in total

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