

NPAA WALTZ ©

DANCE 1

BALLROOM / DOUBLE HOLD / LEADERS STEPS DESCRIBED

FWD CLOSED CHANGE, 1-3 NATURAL TURN (UNDERTURNED) BACKWARD CLOSED CHANGE, 4-6 REVERSE TURN (UNDERTURNED)

BAR	FOOT POSITION	ALIGNMENT	AMOUNT OF TURN
1	LF forward	Facing DW	No turn
2	RF side and slightly forward	Facing DW	
3	LF closes to RF	Facing DW	
2	RF forward	Facing DW	Commence to turn to right
2	LF to side		¼ to right
3	RF closes to LF	Backing DC	
3	LF back	Backing DC	No turn
2	RF side and slightly back	Backing DC	
3	LF closes to RF	Backing DC	
4	RF back	Backing DC	Commence to turn to left
2	LF side		¼ to left
3	RF closes to LF	Facing DW	

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DANCE 2

BALLROOM / DOUBLE HOLD / LEADERS STEPS DESCRIBED

WHISK, WING, REVERSE TURN

BAR	FOOT POSITION	ALIGNMENT	AMOUNT OF TURN
1	LF forward	Facing DW	No turn
2	RF side and slightly forward	Facing DW	
3	LF closes to RF	Facing DW	
2	RF forward	Facing DW	Commence to turn to right
2	LF to side		¼ to right
3	RF closes to LF	Backing DC	
3	LF back	Backing DC	No turn
2	RF side and slightly back	Backing DC	
3	LF closes to RF	Backing DC	
4	RF back	Backing DC	Commence to turn to left
2	LF side		¼ to left
3	RF closes to LF	Facing DW	
5	LF forward	Facing DW	Commence to turn to left
2	RF diag forward		1/8 between 1&2
3	LF crosses behind right foot in PP	Facing DC	1/8 between 2&3
6	RF forward in PP & CBMP		
2	LF closes towards right foot		
3	LF closes to right foot ww	Facing DC	
7	LF forward outside partner	Facing DC	Commence to turn to left
2	RF side	Backing DW	¼ between steps 1&2
3	LF closes to RF	Backing LOD	1/8 between steps 2&3
8	RF back	Backing LOD	Commence to turn to left
2	LF side	Pointing DW	3/8 between steps 4&5 body turns less
3	RF closes to LF	Facing DW	Body completes turn

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DANCE 3

START IN BALLROOM HOLD

1-3 REVERSE TURN, WEAVE IN WALTZ TIME, NATURAL SPIN TURN

BAR	FOOT POSITION	ALIGNMENT	AMOUNT OF TURN
1	LF forward	Facing DW	Commence to turn to left
2	RF diag forward		1/8 between 1&2
3	LF crosses behind RF in PP	Facing DC	1/8 between 2&3
2	RF forward in PP & CBMP		
2	LF closes towards right foot		
3	LF closes to right foot ww	Facing DC	
3	LF forward outside partner	Facing DC	Commence to turn to left
2	RF side	Backing DW	¼ between 1&2
3	LF closes to RF	Backing DW	
4	RF back (check)	Backing DW	No turn
2	LF forward	Facing DC ag LOD	Commence to turn to left
3	RF side	Backing LOD	1/8 between 2&3
5	LF back in CBMP	Backing DC	1/8 between 3&4
2	RF back	Backing DC	Commence to turn to left
3	LF side & slightly forward	Pointing DW	¼ between 5&6 body turns less
6	RF forward in CBMP outside partner	Facing DW	Commence to turn to right
2	LF side	Backing DC	¼ between 1&2
3	RF closes to LF	Backing LOD	1/8 between 2&3
7	LF back, pivot	Down LOD end facing DC	3/8 to right
2	RF forward	Facing DC	Continue to turn to right
3	LF side & slightly back	Backing DC ag LOD	¼ to right
8	RF back	Backing DC ag LOD	
2	LF side	Facing DW	
3	RF closes to LF	Facing DW	

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